

# Stockingford Nursery School Newsletter January 2023



A warm welcome to Bethany our Cleaner, Sara our new Teaching Assistant in Little Nursery and to all our new January starters.



We say a sad goodbye to Mrs Kindred who has been our amazing Headteacher for 7 years. We would like to thank Mrs Kindred for everything she has done for the children and families at Stockingford and wish her all the very best for her new ventures.

Mrs King will be our Acting Headteacher and Mrs Phillips will be taking on the role of SENDCO.

## Term dates

### Spring Term 2023

Teacher Training Day

Tuesday 3rd January 2023

Term starts New Children

Wednesday 4th January 2023

Term starts Returning Children

Thursday 5th January 2023

Half term

Monday 20th - Friday 24<sup>th</sup> February 2023

Teacher Training Day

Friday 31st March 2023

Term ends

Thursday 30th March 2023

### Summer Term 2023

Term starts

Monday 17th April 2023

Bank Holiday

Monday 1st May 2023

Half term

Monday 29th May - Friday 2nd June 2023

Teacher Training Day

Monday 5th June 2023

Induction Day

Wednesday 5th July 2023

Term ends

Monday 24th July 2023

Teacher Training Day

Tuesday 25th July 2023



## Emergency School Closure

We will tell parents via the schoolapp and put it on Facebook.  
You can find further information on:



<https://www.warwickshire.gov.uk/education-learning/emergency-school-closures-1>

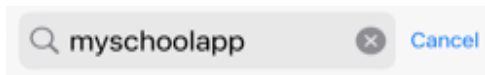


## MySchoolApp



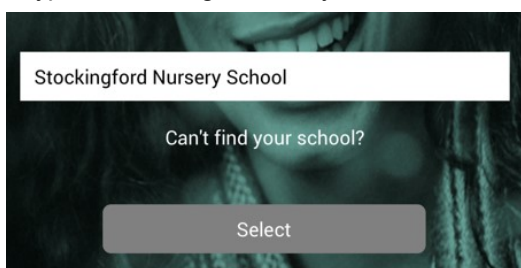
We are launching a new form of parent communication called MySchoolApp. This is a free app that you can register to. Please follow the below steps to register before 1st September so that we can start to send any communications to you ready for the start of the new school year.

To get started, you need to go to your normal app store and search for MySchoolApp



When opening the app for the first time, you will be asked which school you want.

Type in Stockingford and you will see our name.



You then need to register, you will be asked for your name, email and phone number, and to set your password. You will be asked to accept the terms and conditions.

Once that is done, you can start using the app!

One of the many benefits of this app is that if your first language is not English, you can change your language settings by going to Menu, Settings, and then choose "Change Language".

We hope that this will allow all parents to have a more inclusive experience during your child's time here with us.

### If your child is absent from Nursery

Please remember to contact the Nursery on the day your child is going to be absent, you can either:



**Myschoolapp** Please see above

**Telephone** 02476 383708

**Email** [parents1041@welearn365.com](mailto:parents1041@welearn365.com)



(please ensure you put your child's full name and the reason for their absence in the text)

They should be at home until you feel they are well enough to come back to school. In the case of sickness and diarrhoea please make sure your child is symptom free for at least 48 hours before returning to Nursery.

Please could you make sure all your phone numbers are up to date if not please let the office know of any changes.

# Big Nursery Notices

## String bags

Please can you ensure that your child brings a full change of clothes including socks. **Make sure all coats and clothing is named.**

If children choose to use drawstring bags, they can be hung on your child's coat peg. If they choose to use a small backpack they can be placed at the bottom of the coat trolley beneath their child's coat.

## Parker Poundasaurus

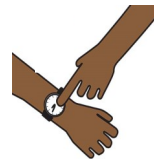
Parker Poundasaurus is often hungry and likes to eat coins. Children are welcome to feed a £1 weekly voluntary contribution to Parker to help raise money for nursery funds for special activities like 'Growing Day' and to buy new resources for the children to enjoy. Parker Poundasaurus will join us at the beginning of sessions and will be located outside Nursery.



## Session Times

Nursery sessions are:

- 👉 9.00am - 11.30am for the morning session.
- 👉 12.40pm - 3.10pm for the afternoon session.



Please make sure you are on time for the start of sessions as this does have an impact on teaching time and please collect your child on time as children can become a little upset if they are collected later. Thank you.

## Collecting and dropping off children

When adults and children arrive at 9.00am and 12.40pm and at 11.30am to collect their children, please can you queue next to the white picket fence on the way to the veranda door and then leave next to the veranda shutters. Parents and children can hang up and collect their coats and bags en-route. We kindly ask that parents do not tap on the veranda shutters or Nursery windows as this can distract the children from learning and can make some children tearful.



## Birthdays

Whilst we celebrate your child's birthday in Nursery, we ask you do not send in sweets due to children's allergies and dietary requirements.



# Little Nursery Notices

## Coats and bags

As the weather has been changing, can we ask appropriate clothing is being worn/brought in depending on the weather.



Please can you make sure your child brings their winter coats to Little Nursery and you have put their name in both their coats and bags. This would be really appreciated.

In their bags could you please put nappies, wipes, (pants if toilet trained) and a spare change of clothes. Thank you.

## Birthdays

Whilst we celebrate your child's birthday in Nursery, we ask you do not send in sweets due to children's allergies and dietary requirements.



## Pull-Ups

Please could children wear 'pull-ups' **only if they are being potty trained**, as some of the children are getting upset if they have to be changed.



## Session Times

- ☞ AM Session 8.45am - 11.45am
- ☞ PM Session 12.30pm - 3.30pm



Please could just one adult bring in your child on time for the start of session and can you make sure you pick your child up on time, Nursery Staff need to clean between sessions and children can become a little upset if they are collected later. Thank you.

## Voluntary Donations

Children are welcome to feed a £1 weekly voluntary contribution to Peppa to help raise money for nursery funds for special activities and to buy new resources for the children to enjoy.

Peppa will join us in Nursery at the beginning of sessions and will be located in the corridor just outside the room, so please come and say hello.



## No Juice Cups or Toys

Please do not send your child to Nursery with a juice cup. We do not have the capacity to store them. Children are provided with water and milk.

Please do not send toys into Nursery as children can become upset if they misplace them or another child wants to play with them. Thank you

# AUTUMN TERM ATTENDANCE

Regular attendance in Nursery is important to support your child's learning and sets up a good routine ready for starting school - however if your child is unwell then **please remember to let the Nursery know either by telephone , email or the schoolapp, (make sure your phone numbers are up to date).** They should be at home until you feel they are well enough to come back to school. In the case of **sickness and diarrhoea** please make sure your child is symptom free for at least **48 hours** before returning to Nursery.

If you are going on holiday please fill in a holiday form at the Reception desk.

## BIG NURSERY - CHILDREN'S ATTENDANCE

Attendance - we aim for 90%, and last term attendance for Big Nursery children was

74.9%

## LITTLE NURSERY - CHILDREN'S ATTENDANCE

Attendance - we aim for 80%, and last term attendance for Little Nursery children was

73%.

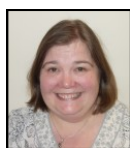
## Designated Safeguarding Leads (DSL's)

The Designated Safeguard Leads (DSL's) in Nursery School are:

- Sharon Kindred, Headteacher - Designated safeguard Lead
- Katherine King, Lead Teacher - Deputy Safeguarding Lead
- Sally Phillip, Teacher - Named Designated Safeguard Lead.



Katherine King



Sally Phillips

Everyone has a duty of care for the children in Nursery School. If you need to discuss any safeguarding issues, please speak to one of our DSL's.

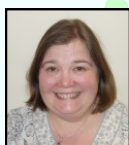
*'Under the Education Act 2002 (Section 175 for maintained schools/Section 157 for academies/free/independent schools), schools must make arrangements to safeguard and promote the welfare of children. Parents/carers should know that the law (Children Act 1989) requires all school staff to pass on information which gives rise to a concern about a child's welfare, including risk from neglect, physical, emotional or sexual abuse. Staff will seek, in general, to discuss any concerns with the parent/carer and discuss the need to make a referral to Children's Social Care if that is considered necessary. **This will only be done where such discussion will not place the child at increased risk of significant harm or cause undue delay.** The school will seek advice from Children's Social Care when they have reasonable cause to suspect a child may be suffering or likely to suffer significant harm. Occasionally, concerns are passed on which are later found to be unfounded. Parents/carers will appreciate that the school's Designated Safeguarding Lead carries out their responsibilities in accordance with the law and acts in the best interests of all children.'*

## Well being corner

Welcome to our wellbeing corner which aims to provide support and ideas for keeping you and your child emotionally and mentally well. Each month this newsletter will offer tips, information and support for you and your child, so read through and have a go- you never know. Sometimes a small change can make a big difference!

We are lucky in our Centre to have Mental Health First Aid staff who can offer a listening ear and if need be, guide you to finding the right support and services. Please ask if you would like any further information about Mental Health and Wellbeing. Never be afraid, worried or scared to ask for support! We are always here to offer a helping hand.

### Mental Health First Aiders



Sally Phillips



Sara Ward

### Looking after your own mental health

The NHS Every Mind Matters website have some useful information for anyone who feels they may need a little support or advice.

Parenting or caring for a child or young person can be tough. It's important to make sure you look after your own mental wellbeing, as this will help you support yourself and those you care about. Try to recognise and acknowledge when you're feeling low or overwhelmed. Struggling with something or experiencing your own mental health problems does not make you a bad parent or carer.

It's completely normal to be worried, scared or helpless during difficult times, and feeling this way is nothing to be ashamed of. Is there a friend, fellow parent or carer you trust enough to tell how you're feeling? Maybe there's family, friends or a colleague who could support you or allow you a break? There's plenty of help out there. You should never feel like you have to cope on your own. [Young Minds has lots of support for parents](#), including a helpline and guidance around [parenting with a mental illness](#). Mind has information and suggestions on how to manage [parenting with a mental health problem](#).

Scope has advice on [managing stress when caring for a disabled child](#).

<https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/>

[WT.tsrc=search&WT.mc\\_id=EMMParentsSearch&gclid=EAlalQobChMlrLH8sjc6wIVw7HtCh07jQjWEAAYASAAEgJTvD\\_BwE](https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/?WT.tsrc=search&WT.mc_id=EMMParentsSearch&gclid=EAlalQobChMlrLH8sjc6wIVw7HtCh07jQjWEAAYASAAEgJTvD_BwE)

# Well being corner



## Supporting Young Children's Mental Health



### **Be there to listen**

Regularly ask how your child's doing so they get used to talking about their feelings and know there's always someone to listen if they want to talk



### **Support them through difficulties**

Pay attention to your child's emotions and behaviour, and try to help them work through difficulties. It's not always easy when faced with challenging behaviour, but try to help them understand what they're feeling and why.



### **Stay involved in their life**

Show interest in your child's life and the things important to them. It not only helps your child to value who they are but also makes it easier for you to spot problems and support them.



### **Encourage their interests**

Being active or creative, learning new things and being a part of a team help connect us with others and are important ways we can all help our mental health. Support and encourage your child to explore their interests, whatever they are.



### **Take what they say seriously**

Listening to and valuing what your child says, without judging their feelings, in turn makes them feel valued. Consider how to help them process and work through their emotions in a more constructive way.



### **Build positive routines**

It is not always easy but try to reintroduce structure around regular routines, healthy eating and exercise. A good night's sleep is also really important – try to get your child into routines that fit with Nursery

<https://www.nhs.uk/every-mind-matters/supporting-others/childrens-mental-health/>

## Mindfulness

What is Mindfulness?

Mindfulness is a skill which can be developed in children as well as adults; mindfulness nurtures relationships, patience, self-regulation, self-confidence, self belief amongst many other things. Right now we could all do with a little help with this! "Mindfulness is defined, quite simply, as paying more attention to the present moment to improve your mental wellbeing."

Research shows that mindfulness can:

- Improve mental health and wellbeing;
- Improve social skills when well taught and practiced in children and adolescents.
- Mitigate the effects of bullying
- Enhance focus in children with ADHD
- Reduce attention problems

## Mindfulness Activities for Children

- Blowing bubbles. Take deep, slow breaths, and exhaling steadily to fill the bubble. Encourage them to pay close attention to the bubbles as they form, detach, and pop or float away.
- • Playing with balloons. Explain that the aim of this game is to keep the balloon off the ground, but have them move slowly and gently. You can tell them to pretend the balloon is very fragile if that helps.
- • Texture bag. Place several small, interestingly shaped or textured objects in a bag. Have each child reach in and touch an object, one at a time, and describe what they are touching. Make sure they don't take the object out of the bag, forcing them to use only their sense of touch to explore the object.
- • Gratitude. Taking it in turns as a family to share the things that we are grateful for, no matter how big or small. "I'm glad that its raining, so the grass can grow" "I'm glad we have food to eat to keep us healthy" "I'm glad I have a brother to keep me company" "I'm glad I have books and toys to keep me busy" etc



### Bertram Nursery Group– Adventures at Home

<https://mineconkbayir.co.uk/wp-content/uploads/2020/11/Bertram-Parents-Guide-to-Adventures-at-Home-final-Mar-2020-PDF.pdf>



# Makaton signs of the Month - January

We will be helping children to communicate through Makaton signs and spoken language.



We are proud to say we are a  
Makaton accredited School



Hello



Eat



Goodbye



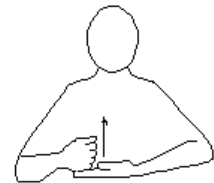
Drink



More



Toilet



Help

## British Values

At nursery we promote and teach 'British values' to help everyone live in safe and welcoming communities where they feel that they belong.

These British values are:

- ⇒ **Democracy**
- ⇒ **Rule of law**
- ⇒ **Individual liberty**
- ⇒ **Mutual respect and tolerance of those with different faiths and beliefs.**



These values are not unique to Britain, but are universal aspirations that help to promote equality. The British values are fundamental to helping children to develop tolerance and sensitivity to others and help to develop a fair and equal society.

# Warwickshire Schools' Inclusion Charter

## Inclusion is Everyone's Responsibility

### Our Vision:

For schools to be places where everyone feels valued, included, safe, supported and welcome. We will work together to enable all our children and young people in Warwickshire to lead a fulfilling life and be part of their community.

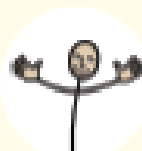
### The Charter:

This charter sets out what all children and young people and their families should expect from schools in Warwickshire, in line with the SEND Code of Practice.

### Welcome and Care

#### We will:

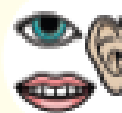
- Understand that every child is an individual
- Recognise the value of inclusion
- Make time to get to know you and what is important to you and your family
- Establish and build on positive relationships
- Make time to respond to your needs
- Work closely with all relevant people to ensure successful transitions
- Ensure children and young people's voices are at the heart of all we do



### Communicate

#### We will:

- Listen calmly and respectfully, with patience, ensuring you feel heard and understood.
- Establish how to provide and seek information in a way you can access and understand
- Recognise all behaviour is a form of communication
- Explain what can be done and any limitations
- Communicate in a way that means you can participate in planning and decision making
- Provide clear guidance on who to contact and respond promptly
- Make you comfortable by using positive and helpful language
- Create and maintain communication friendly environments



Developing and nurturing each of these commitments to build

## TRUST



### Value and Include

#### We will:

- Remember inclusion is everyone's responsibility
- Be proactive in providing reasonable adjustments
- Ensure our SENCo is able to support families and staff
- Inform and support you of any planned changes as soon as possible
- Ensure that children and young people with SEND are valued and included in pupil voice activities
- Identify needs early and assess, plan, do, review with support from appropriate agencies
- Ensure our children and young people have a trusted person who checks in with them at least weekly
- Have a 'can do' attitude and build on everyone's strengths
- Recognise and meet the training needs of our staff



### Work in Partnership

#### We will:

- Give you opportunities to share your views
- Do our best to understand and consider your ideas
- Involve you in developing shared plans for you and our school
- Value you as an equal partner and recognise your experience and knowledge
- Understand that every family is different and has different resources
- Engage with community groups
- Collaborate across settings to share good practice
- Work together with you and other people to recognise need and support you on your journey as a family



#### Signatures:

*[Signature]*

Leader of Warwickshire County Council

*[Signature]*

Chair of Warwickshire Parent Carer Voice

*[Signature]*

On behalf of Schools Consortia and Area Networks

*[Signature]*

On behalf of IMPACT (Young People's Forum for SEND)

IMPACT logo by © Wright-Thomas Ltd 2018-2021 www.impact.org.uk



Adapted with permission from Gov of us Partnerships



**IMPACT**

Scan for SEND Local Offer



# What's happening

# at Stockingford

# Library

LOVE  
YOUR  
LIBRARY

## Epic Dinosaur Adventure!

Stockingford Library  
Thursday 23rd February  
2pm



Journey into the prehistoric land of the Dinosaurs in this family fun interactive storytelling show with Sohan Kailey. Using imaginations, creative movements and lots of dancing around the forest!

Free Drop-in  
No Need to Book



## Stockingford Library

### FREE Lego Club

Are you bored after school on a Thursday?  
Why not come to Lego club!  
Lots of bricks and a new theme every week.  
3.30 - 4.30pm


## Learn, Build and Play

For children aged 4 and above with their grown-ups.  
All children must be accompanied by an adult.  
(This activity is not suitable for younger children due to small Lego parts)

St. Pauls Road Nuneaton CV10 8HW



# Rhyme Time!





For 0-2 year olds  
**FREE!** and their carers

Join us for rhymes for 0-2 year olds  
Come and join in with rhymes suitable for a child from birth to toddler.

## THURSDAYS

### 11am - 11:30am

You are warmly invited to choose some books before you leave. We are so happy to welcome you into our Library and we hope you will have lots of fun with us.



# Stockingford Nursery School, Children & Family Centre and Library St Pauls Road, Nuneaton CV10 8HW

## TRUE COST OF LIVING

The cost of living crisis is having an impact on all of us. But as food and energy prices rise, people already struggling to afford the essentials are being pushed into impossible decisions.

Take action

PAY THE BILLS

EAT DINNER

WHAT CAN WAIT?

Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.

Stockingford Nursery School can issue a food bank voucher to use locally. Please pop into reception anytime for further information.



citizens  
advice

Nuneaton  
& Bedworth

CITIZENS ADVICE gives free, independent, and confidential advice with issues about benefits, employment, money, debt, divorce/separation, housing, consumer problems and much more...

### DROP-IN SESSIONS

Stockingford Nursery School,  
Children & Family Centre and Library  
The second and fourth Wednesday  
from 9.15 to 12.005am.

OR CALL: 0808 250 5715

9.00am to 5.00pm Monday to Friday

Drop in for support and advice  
for all families in Warwickshire.

**Monday - 12:00pm - 2:00pm**

Stockingford Children and Family Centre

Family Support Worker  
Duty Line Telephone  
Number

01926 412412

9am -4pm

Monday -Friday

For families, children  
and young people 0-19  
years old, or 0-25  
years with additional  
needs



The Early Help and  
Targeted Support Team



# Advice & Support



**CHAT Health - A texting advice service for parents and carers of the pre-school child.**

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

## The Early Help and Targeted Support Team

**Family Support Drop In for advice for all families in Warwickshire**

For families, children and young people 0-19 years old, or 0-25 years with additional needs

**Duty Line 01926 412412 - 9am – 4pm Monday – Friday**



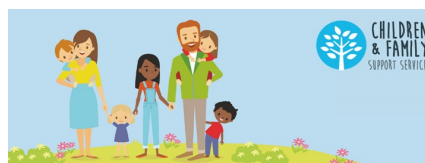
**Drop In Sessions**  
**Free and every week**

<b>Monday 12.00-2.00pm</b>	<b>Stockingford Children and Family Centre</b> St Pauls Road, Nuneaton CV10 8HW
<b>Tuesday 10.00am-12.00pm</b>	<b>St Michaels Children and Family Centre</b> Hazel Grove, Bedworth CV12 9DA
<b>Thursday 1.15-3.15pm</b>	<b>Camp Hill Children and Family Centre</b> Hollystitches Road, Nuneaton CV10 9QA
<b>Friday 12.00-2.00pm</b>	<b>Riversley Park Children and Family Centre</b> Coton Road, Nuneaton CV11 5TY
Please note that times and dates may change during school holidays.	

## Family Information Service (FIS)

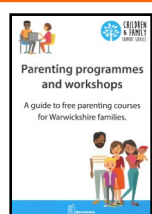
We provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing



Phone: 01926 742274

Website: <https://www.warwickshire.gov.uk/children-families>



## Parenting Information

**Parenting Programmes and 2 Hour Workshops**

Please visit the link below:

<http://childrenandfamilies.eventbrite.com>

