

Things to do to help your child develop independence for Nursery



At home

- Help your child to practice putting on and taking off their coat.
- Allow your child to put on and take off their own shoes independently. (Velcro shoes are best for this).
- Encourage your child to pull their own trousers up and down when going to the toilet. (Jogging bottoms and leggings are excellent for this, avoid fiddly zips, buttons and belts).
- Teach your child the importance of good hand hygiene by encouraging them to wash their hands after using the toilet and before eating.