



Stockingford Nursery School Newsletter July 2023



Term dates

Summer Term 2023

Big Nursery End of Term Celebration Picnic Friday 21st July 2023

Children and family member 10.15am - 11.15am or 2.00pm -3.00pm

Term ends Monday 24th July 2023

Teacher Training Day Tuesday 25th July 2023

Goodbye

Goodbye to our children leaving to go to school - we hope you have a wonderful time with your new teachers and making new friends. We will miss you!

In September, Keyworkers in Little Nursery are Jo and Allease.

Keyworkers in Big Nursery are Mrs Phillips, Mrs Grimstead, Mrs Griffiths and Mrs Shepherd.

We look forward to welcoming our returning children back to Nursery School on **Wednesday 6th September.**



On behalf of the Governors
and staff we would like to
wish you all a wonderful
summer holiday.

Term and Holiday Dates

Academic Year 2023-2024



Autumn Term 2023

Teacher Training Day	Friday 1 st September 2023
Term starts:	Monday 4 th September 2023
Half term:	Monday 30 th - Friday 3 rd November 2023
Teacher Training Day	Monday 6 th November 2023
Term ends:	Friday 22 th December 2023

Spring Term 2024

Teacher Training Day	Monday 8 th January 2024
Term starts:	Tuesday 9 th January 2024
Half term:	Monday 12 th - Friday 16 th February 2024
Term ends:	Friday 22 nd March 2024

Summer Term 2024

Term starts:	Monday 8 th April 2024
May Day:	Monday 6 th May 2024
Teacher Training Day	Tuesday 7 th May 2024
Half term:	Monday 27 th May - Friday 31 st May 2024
Induction Day:	Wednesday 10 th July 2024
Term ends:	Thursday 18 th July 2024
Teacher Training Day	Friday 19 th July 2024



Well being corner



LOOKING AFTER YOUR MENTAL HEALTH IN THE SUMMER HOLIDAYS

Ahh the school holidays...time to relax and enjoy some sunshine (if the weather allows). For many of us, summer is the season of fun and freedom but for some of us it can become stressful. Below are some valuable tips for supporting your mental wellbeing.

Don't do away with the routine - Long lie-ins are a must sometimes but if you're sleeping lots every day, it can have a negative impact on your mental health. It's ok to relax your routine a little – we're not suggesting 6am starts – but try to go to bed at a reasonable time and get up not much more than an hour later than you normally would. Have a shower and get dressed, even if you've got nothing planned. You'll feel refreshed and more energised.

Get planning - If you're struggling to get motivated, planning your time can help. Give yourself something to do every morning and afternoon, and make sure you have a good mix. Schedule in some time for gaming, reading or watching TV and add in a couple of chores.

Practise a summer of self-care - Self-care is all about being kind to yourself, listening to what your body and mind need and making time for the things that make you feel good. Check in with yourself each morning and evening to see how you're feeling and if there's anything you need. Sometimes a few minutes of mindfulness, a short walk or a nice relaxing bath can do wonders. Try making a list of some feel-good activities and plan them out for the weeks ahead.

Enjoy the great outdoors - It might feel like we're miles from the countryside but there's more to see than you might think. There are beautiful parks and nature reserves such as Coombe Abbey and Hartshill Hayes. Whatever works for you, try to get outside at least a few times a week.

Stay connected - If you can't meet up with your friends over the summer, six weeks can feel like a lifetime. Having some company is important for everyone, so make an effort to catch up with family members and keep in touch with friends if possible.

Simple Self-Soothe Strategies

This is a free online course that walks you through a range of practical strategies that can be used by adults or children in order to create a sense of relaxation and wellbeing.

Please click on the following link for more information:

<https://www.creativeeducation.co.uk/courses/simple-self-soothe-strategies/#learndash-course-content>



FUN THINGS TO DO THIS

Summer

1. Paddle in the sea or shallow river with a friend
2. Walk barefoot in the grass
3. Do bubble paintings - straws , paint and washing up liquid
4. Make a seasonal fruit smoothie (even better go fruit picking for it)
5. Cook sausages on a BBQ, Fire pit or open fire with an adult
6. Go for a walk and take a picnic for halfway
7. Play the car colour gameHave a water bomb fight
8. Run under a water sprinkler
9. Go sand dune jumping
10. Watch a full sunset
11. Watch a full sunrise
12. Do a butterfly painting
13. Learn a new song
14. Learn a new poem
15. Go on a bear hunt
16. Make your own musical instruments
17. Make fruit cocktails complete with mini umbrella
18. Make your own muffin pizzas
19. Go to an outdoor show/fair/market
20. Visit somewhere in your locality
21. Visit a different locality and send a postcard from there
22. Have a mad hair day
23. Wear PJ's all day
24. Camp (outside or in)
25. Ride a pony (make a pool noddle one)
26. Have a topsy turvy day (breakfast for dinner , pudding first)
27. Have a day without electronics
28. Find an unusual place to read a book
29. Make real lemonade with real lemons
30. Create a tropical setting in your home or garden and have a tropical day
31. Have a cinema day at home
32. Make popcorn from corn
33. Make a picture collage of your summer



Warwickshire Schools' Inclusion Charter

Inclusion is Everyone's Responsibility

Our Vision:

For schools to be places where everyone feels valued, included, safe, supported and welcome. We will work together to enable all our children and young people in Warwickshire to lead a fulfilling life and be part of their community.

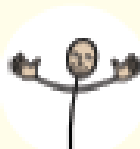
The Charter:

This charter sets out what all children and young people and their families should expect from schools in Warwickshire, in line with the SEND Code of Practice.

Welcome and Care

We will:

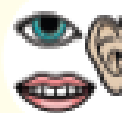
- Understand that every child is an individual
- Recognise the value of inclusion
- Make time to get to know you and what is important to you and your family
- Establish and build on positive relationships
- Make time to respond to your needs
- Work closely with all relevant people to ensure successful transitions
- Ensure children and young people's voices are at the heart of all we do



Communicate

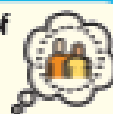
We will:

- Listen calmly and respectfully, with patience, ensuring you feel heard and understood.
- Establish how to provide and seek information in a way you can access and understand
- Recognise all behaviour is a form of communication
- Explain what can be done and any limitations
- Communicate in a way that means you can participate in planning and decision making
- Provide clear guidance on who to contact and respond promptly
- Make you comfortable by using positive and helpful language
- Create and maintain communication friendly environments



Developing and nurturing each of these commitments to build

TRUST



Value and Include

We will:

- Remember inclusion is everyone's responsibility
- Be proactive in providing reasonable adjustments
- Ensure our SENCo is able to support families and staff
- Inform and support you of any planned changes as soon as possible
- Ensure that children and young people with SEND are valued and included in pupil voice activities
- Identify needs early and assess, plan, do, review with support from appropriate agencies
- Ensure our children and young people have a trusted person who checks in with them at least weekly
- Have a 'can do' attitude and build on everyone's strengths
- Recognise and meet the training needs of our staff



Work in Partnership

We will:

- Give you opportunities to share your views
- Do our best to understand and consider your ideas
- Involve you in developing shared plans for you and our school
- Value you as an equal partner and recognise your experience and knowledge
- Understand that every family is different and has different resources
- Engage with community groups
- Collaborate across settings to share good practice
- Work together with you and other people to recognise need and support you on your journey as a family



Signatures:

[Signature]

Leader of Warwickshire County Council

[Signature]

Chair of Warwickshire Parent Carer Voice

[Signature]

On behalf of Schools Consortia and Area Networks

[Signature]

On behalf of IMPACT (Young People's Forum for SEND)

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Scan for SEND Local Offer





A menu of exciting activities for families in Warwickshire with young children, giving them great suggestions for how to have fun and learn at the same time.

Please click on the link below for more information

<https://warwickshire.50thingstodo.org/app/os#!/welcome>

The screenshot shows the app's interface. At the top left is the '50 things to do before you're five' logo. A navigation bar contains 'Welcome', 'Warwickshire Activities', 'About 50 Things', and 'Get In touch'. Below this is a large banner image of a family walking through a castle. A 'Select Language' dropdown menu is in the top right. The main content area has a blue background with the heading 'Welcome to... Warwickshire' and a sub-heading: 'A menu of exciting activities for families in Warwickshire with young children, giving them great suggestions for how to have fun and learn at the same time.' Below this are 'Download on the App Store' and 'GET IT ON Google Play' buttons. To the right are three polaroid-style photos of children. At the bottom, a dark blue footer contains four steps: 'Step 1: Download the mobile app and access the featured activities.', 'Step 2: Find the area you live within or nearby on the Regions page.', 'Step 3: Start working through the activities and capture memories!', and 'Step 4: Share your memories with others to inspire your community.'



SUMMER

MONDAY

ACTIVITIES AT
STOCKINGFORD LIBRARY
ST PAULS ROAD, CV10 8HW.

Book Magic 10.30 - 11.30am a story and a craft activity for children under 5 years. SPACES LIMITED PLEASE BOOK IN FOR A PLACE AT RECEPTION.
Monday 31st July, 7th, 14th and 21st August.

WEDNESDAY

Ford Chats Coffee morning 11 - 12pm free cuppa and friendly conversation.

THURSDAY

Rhyme Time 11 - 11:30am Join in with us, singing rhymes and action songs for babies and children aged 0 - 2years.

Lego Club 3:30 - 4:30pm for children aged 4 - 11yrs and their grown-ups!

FRIDAY

Crafts and Activities 10:30 - 11:30am to support the Summer Reading Challenge for all children aged 4 - 11 years
4th, 11th, 18th and 25th August. SPACES LIMITED PLEASE BOOK IN FOR A PLACE AT RECEPTION

Stitch in Time 2.00pm - 4.00pm
bring your knitting and crochet and enjoy sharing ideas.



COME AND JOIN US FOR SOME FAMILY FUN. FOR CHILDREN UNDER 5 YEARS AND ACCOMPANYING ADULTS. STORIES AND CRAFTS WITH A DIFFERENT THEME EVERY WEEK.

MONDAY 31ST JULY, 7TH, 14TH AND 21ST AUGUST.

10.30 - 11.30AM

SPACES LIMITED
PLEASE BOOK IN FOR A PLACE AT RECEPTION.



STOCKINGFORD LIBRARY
ST PAULS ROAD, CV10 8HW.



Stockingford Library FREE Lego Club

Are you bored after school on a Thursday?

Why not come to Lego club!

Lots of bricks and a new theme every week.

3.30 - 4.30pm

Learn, Build and Play

For children aged 4 and above with their grown-ups.

All children must be accompanied by an adult.

(This activity is not suitable for younger children due to small Lego parts)

St. Pauls Road Nuneaton CV10 8HW



Rhyme Time!



For 0-2 year olds
FREE! and their carers

Join us for rhymes for 0-2 year olds
Come and join in with rhymes suitable for a child from birth to toddler.

THURSDAYS
11am - 11:30am

You are warmly invited to choose some books before you leave. We are so happy to welcome you into our Library and we hope you will have lots of fun with us.



Summer Reading Challenge 2023

Ready, Set, Read!

Calling all children aged 4 - 11 years!

Come into Stockingford Library this summer to join the
FREE Summer Reading Challenge!

Sign up to receive your Ready, Set, Read collector folder
Choose books to read over the holidays

Collect stickers and other rewards for each book you read
Add the stickers to your folder to complete the Challenge!



Come along and decorate a library bag
ready to carry your books home drop in on

**Wednesday 26th, Thursday 27th or Friday
28th July** and at the same time join to take
part in the reading challenge.



To support the Summer Reading
Challenge we are holding 4 craft
and activity sessions on
**FRIDAY 4TH, 11TH, 18TH
AND 25TH AUGUST.**

Spaces limited
Please book in for a place at
reception.

**STOCKINGFORD LIBRARY
ST PAULS ROAD, CV10 8HW.**



Illustrations by Loretta Schauer and logo artwork by Uzzle Ever and. All © The Reading Agency 2023

summerreadingchallenge.org.uk



**SUMMER
READING
CHALLENGE**

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Stockingford Nursery School Children & Family Centre and Library St Pauls Road, Nuneaton CV10 8HW



TRUE COST OF LIVING

The cost of living crisis is having an impact on all of us. But as food and energy prices soar, people already struggling to afford the essentials are being pushed into impossible decisions.

Take action

PAY
THE BILLS

EAT
DINNER



WHAT CAN WAIT?

Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.

Stockingford Nursery School can issue a food bank voucher to use locally. Please pop into reception anytime for further information.

Drop in for support and advice
for all families in Warwickshire.

Monday - 12:00pm - 2:00pm

Stockingford Children and Family Centre

Family Support Worker
Duty Line Telephone
Number

01926 412412

9am - 4pm

Monday - Friday

For families, children
and young people 0-19
years old, or 0-25
years with additional
needs



The Early Help and
Targeted Support Team



CHILDREN
& FAMILY
CENTRE



Warwickshire
County Council



Advice & Support



CHAT Health - A texting advice service for parents and carers of the pre-school child.

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

The Early Help and Targeted Support Team

Family Support Drop In for advice for all families in Warwickshire

For families, children and young people 0-19 years old, or 0-25 years with additional needs

Duty Line 01926 412412 - 9am – 4pm Monday – Friday



Drop In Sessions
Free and every week

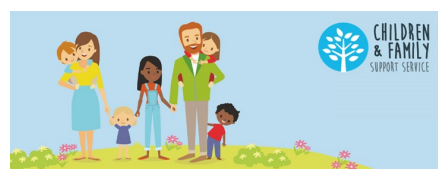
Monday 12.00-2.00pm	Stockingford Children and Family Centre St Pauls Road, Nuneaton CV10 8HW
Tuesday 10.00am-12.00pm	St Michaels Children and Family Centre Hazel Grove, Bedworth CV12 9DA
Thursday 1.15-3.15pm	Camp Hill Children and Family Centre Hollystitches Road, Nuneaton CV10 9QA
Friday 12.00-2.00pm	Riversley Park Children and Family Centre Coton Road, Nuneaton CV11 5TY

Please note that times and dates may change during school holidays.

Family Information Service (FIS)

We provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

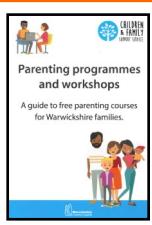
- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing



Phone: 01926 742274

Website: <https://www.warwickshire.gov.uk/children-families>

Parenting Information



Parenting Programmes and 2 Hour Workshops

Please visit the link below:

<http://childrenandfamilies.eventbrite.com>