



# Stockingford Nursery School Newsletter March 2022



## Term dates

### Summer Term 2022

Teacher Training Day

Term starts

May Day

80th Birthday Party Day

Half term

Teacher Training Day

Term ends

Teacher Training Day

Additional Bank Holiday

Monday 25th April 2022

Tuesday 26th April 2022

Monday 2<sup>nd</sup> May 2022

Thursday 12th May -

No normal sessions on this day



Monday 30<sup>th</sup> May - Friday 3<sup>rd</sup> June 2022

Monday 6<sup>th</sup> June 2022

Wednesday 20<sup>th</sup> July 2022

Thursday 21<sup>st</sup> July 2022

Friday 22<sup>nd</sup> July 2022

## Family Learning

On our Stockingford Nursery School Website: [www.stockingfordnurseryschool.co.uk](http://www.stockingfordnurseryschool.co.uk) we have created a new page titled **Family Learning**. This gives links and information about free opportunities for parents and carers to access Family Learning provided by Warwickshire County Council. The courses are offered online or at some community venues and have been planned with a range of different time slots. If you would like to find out more about Family Learning please contact: cherylneil@warwickshire.co.uk or visit their website: [www.warwickshire.gov.uk/acl](http://www.warwickshire.gov.uk/acl)

## Parking

Parents please do not park in our car park, it is solely for the use of staff.



Thank you.

## Yellow Zigzags

Please **DO NOT PARK** on the Yellow Zig-Zags lines outside the Centre. They are there for the safety of your children. **You are breaking the law and could receive a fine.**



## Easter Holidays

Nursery closes for the Easter holidays on Friday 8th April and re-opens again on Tuesday 26th April. Have a great break.



## TEACHING AND LEARNING BIG NURSERY

The children enjoyed celebrating 'Chatter Matters' week at Nursery. This provided a great opportunity to celebrate children's communication skills with the theme: 'Two Little Ducks.' Our children enjoyed a range of duck related activities including duck themed stories and rhymes, exploring ducks within continuous provision and speaking and listening duck activities. Teaching focused on modelling how people connect by developing listening and attention skills to develop children's understanding. Language development was enriched as we introduced and extended vocabulary. Teaching staff supported children to develop their communication and language skills through using the following time to talk strategies:

- Be face to face
- Follow the child's lead
- Wait for eye contact
- Reduce closed questions
- Give praise
- Match and add
- Repeat, repeat, repeat
- Use gestures, signs, pointing and facial expression
- Slow down and simplify.

The children have also enjoyed the return of story-time sessions at the local library on our site. The librarian shared one of the children's favourite stories 'Owl Babies'. The children developed their listening and communication skills as they commented on key story events and characters.



Recent learning about Oral Health has focussed on the importance of cleaning our teeth to keep our bodies healthy. The children have also enjoyed an egg experiment which explored what could potentially happen to our teeth if we don't look after them and clean them on a regular basis. We have also introduced healthy foods that are good for our bodies through the story of 'The Very Hungry Caterpillar.'



We are looking forwards to our **Easter Egg Hunt at Nursery on Thursday 7<sup>th</sup> April**. This will be a fun learning activity for the children that will be held during their usual session time. As part of the activity, children will be developing their mathematical skills as they count how many eggs they have collected in total and find and add one more. We will also be extending prepositional language as we use the vocabulary 'in, on, under, behind & next to.'

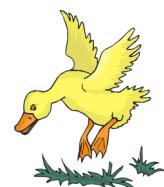
## TEACHING AND LEARNING LITTLE NURSERY

Children that are leaving at Easter to go to Big Nursery have been having transition settles in Big Nursery, meeting their new teachers and keyworkers

We went on a duck hunt outside during Chatter Matter Week. We played 'Flying Duck' where we took turns passing the balloons to our friends. We did some duck dancing, listening to the music, flying the duck high, low and freezing when the music stopped. We sang '5 Little Ducks' and swam the ducks in the water. We read our story 'Duck in a Truck' and put our own ducks in our trucks outside.



We are beginning to learn our Easter songs 'Chick, Chick, Chicken, Little Peter Rabbit, 5 Eggs & 5 Eggs, 5 Easter eggs sitting on a wall. We will be going on an egg hunt in Nursery. We will be reading some Easter stories such as 'We're going on an egg hunt'.



We had 'Oral Health Week', the children were encouraged to think about how we look after our teeth - by brushing them and also thinking about what food and drink are good and bad for our teeth.



# Big Nursery Notices

## Red string bags



Please can you ensure that your child brings a full change of clothes including socks, as children will be accessing the Cobble Stream.



Also please can you use your child's red string bag as our new coat pegs will not accommodate anything bigger. If you have lost your red string bag you can

## Parker Poundasaurus

Parker Poundosaurus is often hungry and likes to eat coins. Children are welcome to feed a £1 weekly voluntary contribution to Parker to help raise money for nursery funds for special activities like 'Growing Day' and to buy new resources for the children to enjoy. Parker Poundosaurus will join us at the beginning of sessions and will be located outside Nursery.



## Forest School

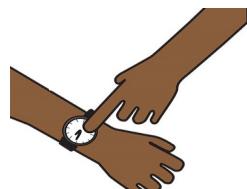
The children in Big Nursery will be visiting our Forest School site for outdoor learning sessions on a **Friday**. We will send text messages to let you know when it will be your child's key worker groups turn. As the weather will be turning colder, please could you make sure your child is dressed appropriately and they bring a warm coat, hats and gloves. Wearing trousers is advised as they will have the opportunity to climb and explore the outdoor, natural environment. We have some waterproofs and wellingtons available at nursery for your child, but you are welcome for your child to wear their own wellies if they wish.



## Session Times

### Nursery sessions are:

- 👉 **9.00am - 11.30am for the morning session.**
- 👉 **12.40pm - 3.10pm for the afternoon session.**



**Please make sure you are on time for the start of sessions as this does have an impact on teaching time and please collect your child on time as children can become a little upset if they are collected later. Thank you.**

# Little Nursery Notices

## Coats and bags

As the weather has been changing, can we ask appropriate clothing is being worn/brought in depending on the weather.



Please can you make sure your child brings their winter coats to Little Nursery and you have put their name in both their coats and bags. This would be really appreciated.

In their bags could you please put nappies, wipes, (pants if toilet trained) and a spare change of clothes. Thank you.

## Jewellery

Please could children with pierced ears wear studs in their ears for safety reasons, and no necklaces or bracelets are to be worn in Little Nursery for safety reasons. We advise jewellery be kept at home so it does not get lost or broken.



## Pull-Ups

Please could children wear 'pull-ups' only if they are being potty trained, as some of the children are getting upset if they have to be changed.



## Session Times

- ☞ AM Session 8.45am - 11.45am
- ☞ PM Session 12.30pm - 3.30pm



Please could just one adult bring in your child on time for the start of session and can you make sure you pick your child up on time, Nursery Staff need to clean between sessions and children can become a little upset if they are collected later. Thank you.

## Voluntary Donations

Children are welcome to feed a £1 weekly voluntary contribution to Peppa to help raise money for nursery funds for special activities and to buy new resources for the children to enjoy.



Peppa will join us in Nursery at the beginning of sessions and will be located in the corridor just outside the room, so please come and say hello.

## No Juice Cups or Toys

Please do not send your child to Nursery with a juice cup. We do not have the capacity to store them. Children are provided with water and milk.

Please do not send toys into Nursery as children can become upset if they misplace them or another child wants to play with them. Thank you

## Designated Safeguarding Leads (DSL's)

The Designated Safeguard Leads (DSL's) in Nursery School are:

- Sharon Kindred, Headteacher - Designated safeguard Lead
- Katherine King, Lead Teacher - Deputy Safeguarding Lead
- Sally Phillip, Teacher - Named Designated Safeguard Lead.



Sharon Kindred



Sally Phillips



Katherine King

Everyone has a duty of care for the children in Nursery School. If you need to discuss any safeguarding issues, please speak to one of our DSL's.

# Well being corner

Welcome to our wellbeing corner which aims to provide support and ideas for keeping you and your child emotionally and mentally well. Each month this newsletter will offer tips, information and support for you and your child, so read through and have a go- you never know. Sometimes a small change can make a big difference!

We are lucky in our Centre to have Mental Health First Aid staff who can offer a listening ear and if need be, guide you to finding the right support and services. Please ask if you would like any further information about Mental Health and Wellbeing. Never be afraid, worried or scared to ask for support! We are always here to offer a helping hand.



## Mental Health First Aiders



Sharon Kindred



Sally Phillips



Sara Ward

## Looking after your own mental health

The NHS Every Mind Matters website have some useful information for anyone who feels they may need a little support or advice.

Parenting or caring for a child or young person can be tough. It's important to make sure you look after your own mental wellbeing, as this will help you support yourself and those you care about. Try to recognise and acknowledge when you're feeling low or overwhelmed. Struggling with something or experiencing your own mental health problems does not make you a bad parent or carer.

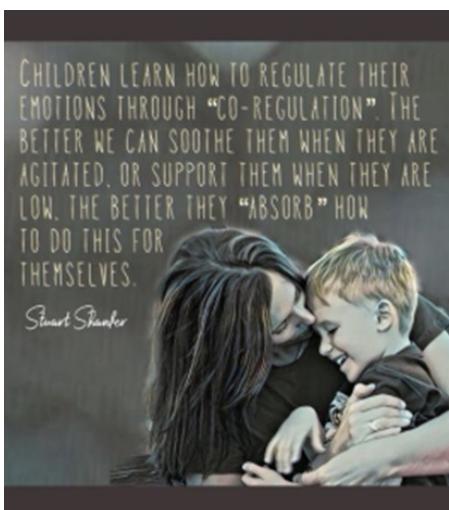
It's completely normal to be worried, scared or helpless during difficult times, and feeling this way is nothing to be ashamed of. Is there a friend, fellow parent or carer you trust enough to tell how you're feeling? Maybe there's family, friends or a colleague who could support you or allow you a break? There's plenty of help out there. You should never feel like you have to cope on your own. Young Minds has lots of support for parents, including a helpline and guidance around parenting with a mental illness. Mind has information and suggestions on how to manage parenting with a mental health problem. Scope has advice on managing stress when caring for a disabled child.

[https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/?WT\\_tsrc=search&WT.mc\\_id=EMMParentsSearch&gclid=EA1alQobChM1rbLH8sjc6wIVw7HtCh07jQiWEAAVASAEgIJTvD\\_BwE](https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/?WT_tsrc=search&WT.mc_id=EMMParentsSearch&gclid=EA1alQobChM1rbLH8sjc6wIVw7HtCh07jQiWEAAVASAEgIJTvD_BwE)

## Children's Behaviour Regulation

Staff are currently developing strategies to support children's behaviour and are undergoing training based on research and effective practice. We know that children's behaviour is a form of communication in which they are trying to tell us if something feels right or not. In Nursery, we aim to support behaviours that become heightened or feel 'out of control' by helping children when they are overwhelmed by powerful emotions and feelings.

In the coming months we will give you more information and support to help you regulate your child's behaviour as you work in partnership with your child. This is known as **co-regulation** and this needs to happen many times before your child will be able to **self-regulate** and lessen their heightened behaviours by themselves.



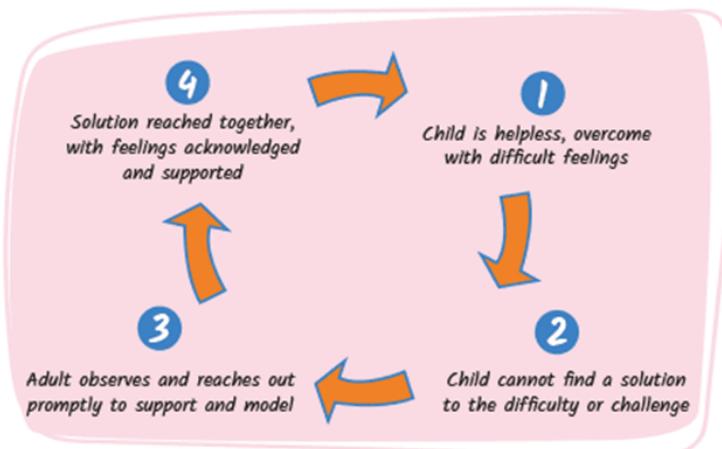
### What is co-regulation?

When an adult and a child work together towards a common purpose, including finding a way to resolve upsets from stress and return to calmness

### What is self-regulation?

To be able to control your own behaviour, emotions, and thoughts to achieve your goal. It is the ability to manage disruptive emotions and impulses

### Helping your child to regulate their feelings and emotions and therefore their behaviours



### Co-regulation Bears in Nursery

Big Nursery and Little Nursery both have co-regulation bears to support children with their big emotions and feelings. Children can cuddle them, talk to them and share their achievements, worries or thoughts. The bears offer them comfort, support and a sense of wellbeing. As such the children have given them names and they are Rainbow Bear and Sunshine Bear in Big Nursery and Snuggles and Cuddles in Little Nursery.



# Well being corner



Try to focus on learning this time as one of the 'Five ways to well-being'

1. Take notice
2. **Keep learning**
3. Connect
4. Be active and be creative
5. Play

## **Keep learning**

Don't be afraid to try something new, rediscover an old hobby or sign up for a course. Take on a different responsibility, fix a bike, learn to play an instrument or how to cook your favourite food. Set a challenge you will enjoy. Learning new things will make you more confident, as well as being fun to do. You may then want to spend time with your child cooking or mending broken toys, drawing, sewing or painting.

## Germs

Can we remind children to cough and sneeze into their elbow to help prevent germs spreading. We are encouraging regular handwashing and the use of hand gel.

Cough and sneeze?  
Elbow, please!



# Makaton signs of the Month - April

We will be helping children to communicate through Makaton signs and spoken language.



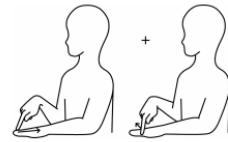
We are proud to say we are a  
Makaton accredited School



Rabbit



Flower



Easter



Chick



Easter Egg



Tree



## British Values

At nursery we promote and teach 'British values' to help everyone live in safe and welcoming communities where they feel that they belong.

These British values are:

- ⇒ Democracy
- ⇒ Rule of law
- ⇒ Individual liberty
- ⇒ Mutual respect and tolerance of those with different faiths and beliefs.



These values are not unique to Britain, but are universal aspirations that help to promote equality. The British values are fundamental to helping children to develop tolerance and sensitivity to others and help to develop a fair and equal society.

## If your child is absent from Nursery

Please remember to contact the Nursery on the day your child is going to be absent, you can either:



Telephone      02476 383708  
Text            07511 213751  
Email           parents1041@welearn365.com

(please ensure you put your child's full name and the reason for their absence in the text)

They should be at home until you feel they are well enough to come back to school. In the case of sickness and diarrhoea please make sure your child is symptom free for at least 48 hours before returning to Nursery.



Please could you make sure all your phone numbers are up to date if not please let the office know of any changes.

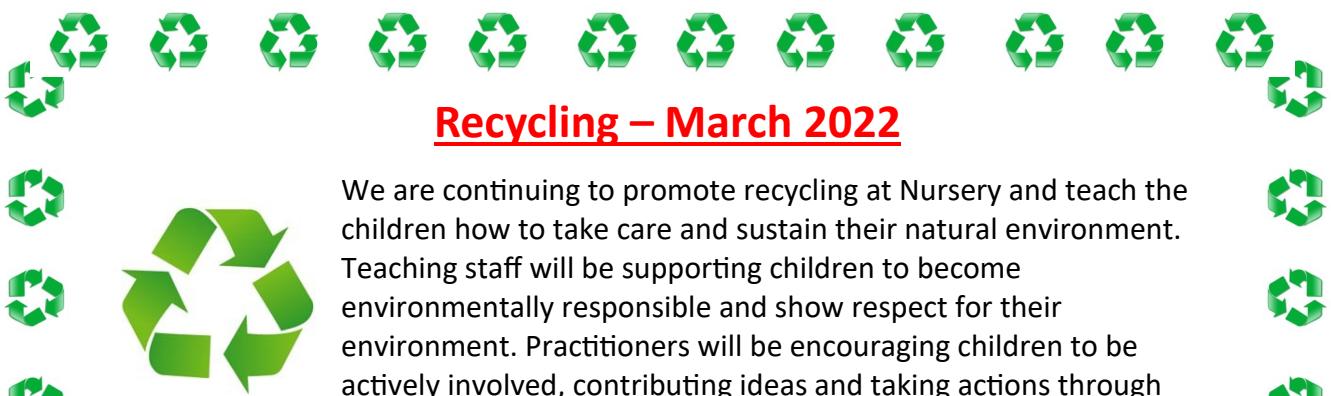
### First Aid procedures

- At Nursery our paediatric first aiders will support children with any first aid or injuries that may occur. All major first aid incidents will be recorded and logged on first aid forms and this describes what happened and treatment provided. Parents/Carers will be required to sign these forms when they collect their child from nursery.
- We also have minor first aid forms which are kept at nursery and parents aren't required to sign these. These are used for low level incidents e.g. a child falling over and no treatment or visible injury that requires first aid attention. They may also be used for low level scratches or minor bruises. Parents are welcome to ask a member of staff if they wish to find out more information about their child.
- Please continue to keep the nursery staff team updated with any injuries, bruises, cuts or bumps that your child has at home, so that we can log this information on our existing injury forms.

### Children's Safety

As part of our commitment to keeping children safe, **6** staff members in Big and **3** staff members in Little Nursery hold a Paediatric First Aid Qualification.





## Recycling – March 2022

We are continuing to promote recycling at Nursery and teach the children how to take care and sustain their natural environment. Teaching staff will be supporting children to become environmentally responsible and show respect for their environment. Practitioners will be encouraging children to be actively involved, contributing ideas and taking actions through sustainability activities and themes. An example of this in practice is when the children upcycled plastic bottles and used a range of different coloured materials to create a rainbow display to support colour recognition.

At Nursery we are keen to use reusable plastic cups and plates rather than single use resources. We have introduced milk and water jugs at snack-time for children to have drinks together with their healthy snacks. This has helped to reduce the use of individual milk containers with plastic packaging and straws. The children are developing their understanding of different types of materials, as they classify and sort plastic and paper/card resources to be recycled into recycling bins which are stationed within the nursery environment. At lunch -time children have the opportunity to recycle their empty plastic bottles and yoghurt containers using the plastic recycling bin provided.



In our Nursery garden we have a composter, so that we can turn food and plant waste into compost which can then be used in the garden to help plants to grow. The children will be able to observe this environmentally friendly composting process. We are also re-introducing our food caddies so that dry food, fruit and vegetables can be transported from the classroom to the composter. We will be involving the children in the process and they will be able to observe the changes and use the compost for gardening activities.

Please could you support us in our drive towards embedding an awareness and culture of effective recycling across the Nursery community.

If you have any ideas and suggestions, please could you share with Mrs King through our parents' email address:  
[parents1041@welearn365.com](mailto:parents1041@welearn365.com).

Ideas?



We would also welcome the following donations for us to recycle:

- **Saucepans, pots, pans & large cooking utensils** ( For our outdoor Mud Kitchen & Potion Station)
- **Wellington boots** (Welly wall for planting strawberries & herbs)



# Stockingford Library

## Free and easy to join



Stockingford Library is located in the Children and Family Centre together with the Nursery on St Paul's Road, Stockingford, Nuneaton.  
CV10 8HW

We are open Monday to Friday 8:30am to 5pm

We have lots of lovely books for readers of all ages, including local history and large print.

Free access to computers, scanners and Wi-Fi  
Photocopier and printing facilities (A4, small charge)



Come and take a look at our newly refurbished Junior area.



Join us for weekly activities  
**The Ford Chats - New group**  
Wednesday 11:00 - 12:00  
**Rhyme Time - songs and rhymes**  
for 0-2 year olds, and their grown-ups  
Thursday 11:00 - 11:30  
**Lego Club - for children aged 7-11,**  
Thursday 15:30 - 16:30  
**Stockingford Knitters -**  
Friday 14:00 - 16:00  
We have children's craft events throughout the year and the Summer Reading Challenge.

# EASTER ACTIVITIES AT STOCKINGFORD LIBRARY

Come and join the fun with the whole family!

**Tuesday 12th April Book Magic**  
10:30-11:30

**Wednesday 13th April "Ford Chats" Coffee Morning** 11:00-12:00

**Thursday 14th April Rhyme Time**  
11:00-11:30, Book Magic 13:00-14:00 and Lego Club 15.30-16:30

**Tuesday 19th April Book Magic**  
10.30-11.30

**Wednesday 20th April "Ford Chats" Coffee Morning** 11:00-12:00

**Thursday 21st April Rhyme Time**  
11:00-11:30, Book Magic 13:00-14:00 and Lego Club 15.30-16:30pm

**Friday 22nd April Knitting Group**  
14:00-16:00

Believe in children  
Barnardo's



## Bag a Bargain

Treat yourself to a Family Food Bag for just £1 (max 2 bags per family)

On the first Monday of the month (excluding Bank Holidays)

We are teaming up with Ediblelinks to redistribute surplus food into our community.

Come along to Stockingford Nursery School, Children & Family Centre and Library.

from 11am-12pm, no need to book, just turn up.

Free easter egg raffle on April 4th

(4 Apr, 6 June, 4 July, 1 Aug, 5 Sept, 3 Oct, 7 Nov, 5 Dec)

Each month there will be representatives from other agencies who can offer support if needed.



Believe in children  
Barnardo's

citizens advice Nuneaton & Bedworth

## Need some help?

**CITIZENS ADVICE** gives free, independent, and confidential advice with issues about benefits, employment, money, debt, divorce/separation, housing, consumer problems and much more...

### DROP-IN SESSIONS



Stockingford Nursery School,  
Children & Family Centre and Library

The second and fourth Wednesday from 9.15 to 11.15am.  
Starting Wednesday 13th April 2022

Camphill Children and Family Centre

Every week on a Thursday from 9 to 11am.  
Starting Thursday 7th April 2022

OR CALL: 0808 250 5715  
9.00am to 5.00pm Monday to Friday



  
**FORD CHATS**

## Coffee and Conversation

Join us every Wednesday 11am-12pm  
for a FREE cuppa and friendly conversation.

Stockingford Library

St Paul's Road

Stockingford

Nuneaton

CV10 8HW

 Warwickshire County Council



# Advice & Support



**CHAT Health - A texting advice service for parents and carers of the pre-school child.**

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

## The Early Help and Targeted Support Team

### Family Support Drop In for advice for all families in Warwickshire

For families, children and young people 0-19 years old, or 0-25 years with additional needs

**Duty Line 01926 412412 - 9am – 4pm Monday – Friday**



**Drop In Sessions  
Free and every week**

|                                |   |
|--------------------------------|---|
| <b>Monday 12.00-2.00pm</b>     | <b>Stockingford Children and Family Centre<br/>St Pauls Road, Nuneaton CV10 8HW</b>   |
| <b>Tuesday 10.00am-12.00pm</b> | <b>St Michaels Children and Family Centre<br/>Hazel Grove, Bedworth CV12 9DA</b>      |
| <b>Thursday 1.15-3.15pm</b>    | <b>Camp Hill Children and Family Centre<br/>Hollystitches Road, Nuneaton CV10 9QA</b> |
| <b>Friday 12.00-2.00pm</b>     | <b>Riversley Park Children and Family Centre<br/>Coton Road, Nuneaton CV11 5TY</b>    |

**Please note that times and dates may change during school holidays.**

## Family Information Service (FIS)

We provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing



Phone: 01926 742274

Website: <https://www.warwickshire.gov.uk/children-families>



## Parenting Information

### Parenting Programmes and 2 Hour Workshops

**Please visit the link below:**

<http://childrenandfamilies.eventbrite.com>

