## Little Nursery Newsletter SEPTEMBER 2021





Welcome back to all our returning nursery children and a big welcome to our new starters and our new School Business Manager Miss Ward.

#### Term dates

Scarecrow Festival - 8th - 10th October

Term ends – Friday 22nd October

Half term - Monday 25th October - Friday 29th October

Term ends - Friday 17th December

Training Day - Tuesday 4th January 2022

Training Day - Monday 25th April 2022

**Training Day - Monday 6th June 2022** Training Day - Thursday 21st July 2022



#### **Voluntary Donations**

Children are welcome to feed a £1 weekly voluntary contribution to Peppa to help raise money for nursery funds for special activities and to buy new resources for the children to enjoy.

Peppa will join us in Nursery at the beginning of sessions and will be located in the corridor just outside the room, so please come and say hello.



#### **No Juice Cups or Toys**

Please do not send your child to Nursery with a juice cup. We do not have the capacity to store them.

Children are provided with water and milk.

Please do not send toys into Nursery as children can become upset if they misplace them or another child wants to play with them. Thank you





#### Pull-Ups

changed.

Please could children wear 'pull-ups' only if they are being potty trained, as some of the children are getting upset if they have to be



Can we remind children to cough and sneeze into their elbow to help prevent germs spreading. We are encouraging regular handwashing and the use of hand gel.



#### Coats and bags

Please can you make sure your child brings their winter coats to Little Nursery and you have put their name in both their coats and bags. This would be really appreciated. In their bags could you please put nappies, wipes, (pants if toilet trained) and a spare change of clothes. Thank you.

#### Trainers

When children are playing outside in the Little Nursery garden, staff have observed that trainers seem to be the best footwear for children to wear, as they are able to climb, move and run more safely and confidently.

## If your child is absent from Nursery

Please remember to contact the Nursery on the day your child is going to be absent, you can either:



Telephone 02476 383708 Text 07511 213751

Email parents1041@welearn365.com

(please ensure you put your child's full name and the reason for their absence in the text)

They should be at home until you feel they are well enough to come back to school. In the case of <u>sickness and diarrhoea</u> please make sure your child is symptom free for at least <u>48 hours</u> before returning to Nursery.



Please could you make sure all your phone numbers are up to date if not please let the office know of any changes.

#### **REMINDER**

If your child is having to self-isolate can you phone 02476 383708 or if they have taken a COVID test due to having either a cough, temperature or loss of taste/smell, please can you email the results to parents1041@welearn365.com



#### **First Aid procedures**

- At Nursery our paediatric first aiders will support children with any first aid or injuries that may occur. All major first aid incidents will be recorded and logged on first aid forms and this describes what happened and treatment provided. Parents/Carers will be required to sign these forms when they collect their child from nursery.
- We also have minor first aid forms which are kept at nursery and parents aren't required to sign
  these. These are used for low level incidents e.g. a child falling over and no treatment or visible
  injury that requires first aid attention. They may also be used for low level scratches or minor
  bruises. Parents are welcome to ask a member of staff if they wish to find out more information
  about their child.
- Please continue to keep the nursery staff team updated with any injuries, bruises, cuts or bumps that your child has at home, so that we can log this information on our existing injury forms.

#### Message from the Nursery Team

A big thank you to parents for supporting us with all the new changes we have made to help keep children safe. We appreciate parents following our social distancing measures and waiting to allow children to enter and leave the nursery safely. This has helped children with their transition or return to nursery.

#### **Parking**

Please <u>DO NOT PARK</u> in the Staff Carpark it is for members of Staff only.

Thank you

#### **Genes 4 Jeans Day**

A big thank you to everyone who took part and donated, we raised a fantastic £67.85



#### Face coverings

Face coverings may still be worn by parents - particularly if you come into Reception.

Government guidance expects and recommends that they are worn in enclosed and crowded spaces where you may come into contact with people you don't normally meet. Staff may wear a face mask in certain situations if this is felt to be required.

Thank you for your understanding to ensure we keep everyone safe.

#### **Communication with Parents**

Currently we are unable to offer face to face meetings, so to develop partnerships with parents' key workers will be phoning families on a regular basis. This is a chance for us to share information about your child and for parents to ask questions. Voice mail messages will be left if you are not available. Keyworkers will then try to re-contact you again soon or reply to your call if you phone back if possible. In the meantime, if you need to speak to us urgently, please contact us by telephone or through our parents' email address -

**parents1041@welearn365.com**. Parent Consultations following two year checks will also be conducted by telephone and your child's key worker will contact you to discuss your child's development and ask you for feedback on your child.

#### **Session Times**

AM Session 8.45am - 11.45amPM Session 12.30pm - 3.30pm

Please could just one adult bring in your child on time for the start of session and can you make sure you pick your child up on time, Nursery Staff need to clean between sessions and children can become a little upset if they are collected later. Thank you.

#### **Extra Bank Holiday**

You may be aware that an additional bank holiday has been agreed for Friday 3rd June 2022 in celebration of the Queen's Platinum Jubilee. Warwickshire schools will already be on their summer half-term holiday on this day. It was decided that the additional one day holiday will therefore be taken on Friday 22nd July 2022, Thursday 21st July is a Training Day so children will finish on Wednesday 20th July 2022.

## TEACHING AND LEARNING

During group time we have been talking about our emotions, having 'kind hands' and 'kind voices'. We introduced 'Super Ted'.



Our new starters arte settling in well, our returners are looking after them.



At group time we read the story 'Dear Zoo', the children have been learning the Makaton signs for the animals in the story.

The children have enjoyed being able to play in the sand. We are going to be having lots more sensory activities—foam, pasta and cornflour.

We are encouraging children to drink from a beaker. Can you encourage your child to do this at home.



#### **Home Learning Support**

We currently have a Stockingford Maintained Nursery School website:

www. stockingfordnurseryschool.co.uk

On our website we have a section named Resources and in this folder you will find lots of fun activities that you can try together. This includes yoga activities, story resources, Letters and sounds activities, Makaton and wellbeing activities. We also have a Stockingford Maintained Nursery School Facebook page where we share information, resources and support. If you haven't already please like



our page; so that you can keep up to date with our posts. Our parents email address is **parents1041@welearn365.com** This email address can be used to share information with the nursery. We will also use this email address for families to share photographs for the home learning experiences that we will be launching at the end of this term.

#### Website and Facebook

Our new website address is www.stockingfordnurseryschool.co.uk You can also find us on Facebook under the name Stockingford Maintained Nursery School.



Please give us a like



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#### **COVID-19 Risk Assessment**

We request that **only one adult**comes into the building to drop **IMPORTANT**off and collect your child in line
with our COVID-19 workplace risk assessment.

Data Protection Laws
Could we draw your attention to
our privacy notice which is
published on our web site
www.stockingfordnurseryschool.co.uk



## **Well being corner**

Welcome to our wellbeing corner which aims to provide support and ideas for keeping you and your child emotionally and mentally well. Each month this newsletter will offer tips, information and support for you and your child, so read through and have a go- you never know. Sometimes a small change can make a big difference!

We are lucky in our Centre to have Mental Health First Aid staff who can offer a listening ear and if need be, guide you to finding the right support and services. Please ask if you would like any further information about Mental Health and Wellbeing. Never be afraid, worried or scared to ask for support! We are always here to offer a helping hand.

**Mental Health First Aiders** 







Sally Phillips



#### Looking after your own mental health

The NHS Every Mind Matters website have some useful information for anyone who feels they may need a little support or advice. Parenting or caring for a child or young person can be tough. It's important to make sure you look after your own mental wellbeing, as this will help you support yourself and those you care about. Try to recognise and acknowledge when you're feeling low or overwhelmed. Struggling with something or experiencing your own mental health problems does not make you a bad parent or carer.

It's completely normal to be worried, scared or helpless during difficult times, and feeling this way is nothing to be ashamed of. Is there a friend, fellow parent or carer you trust enough to tell how you're feeling? Maybe there's family, friends or a colleague who could support you or allow you a break? There's plenty of help out there. You should never feel like you have to cope on your own. Young Minds has lots of support for parents, including a helpline and guidance around parenting with a mental illness. Mind has information and suggestions on how to manage parenting with a mental health problem.

Scope has advice on managing stress when caring for a disabled child.

https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/?

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## Makaton signs of the Month - September

We will be helping children to communicate through Makaton signs and spoken language.



We are proud to say we are a Makaton accredited School



Wash Hands



Hello



Goodbye









# Advice & Support



#### **CHAT Health**

A texting advice service for parents and carers of the pre-school child.

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

#### Family Support Drop In for advice for all families in Warwickshire

For families, children and young people 0-19 years old, or 0-25 years with additional needs

**Duty Line 01926 412412**9am – 4pm Monday – Friday





### Family Information Service (FIS)

We provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing



Phone: 01926 742274

Website: https://www.warwickshire.gov.uk/children-families