

Stockingford Nursery School Newsletter March 2023



Term dates

Spring Term 2023

Term ends

Thursday 30th March 2023

Teacher Training Day

Friday 31st March 2023

Summer Term 2023

Term starts

Monday 17th April 2023

Bank Holiday

Monday 1st May 2023

Half term

Monday 29th May - Friday 2nd June 2023

Teacher Training Day

Monday 5th June 2023

Induction Day

Wednesday 5th July 2023

Term ends

Monday 24th July 2023

Teacher Training Day

Tuesday 25th July 2023



Yellow Zigzags

We have zig-zag parking restrictions outside nursery to keep your child and others safe. Please **DO NOT** park on these as you are putting your child's safety and the safety of others at risk of danger.



We have notified the police who may take action, as this is a parking offence.



You are breaking the law and could receive a fine.

Travelling by Car

Please can all parents make sure that their child is safe if travelling to and from nursery by car. If you are travelling by car, your child should be using a car seat that is securely fastened with a seat belt.

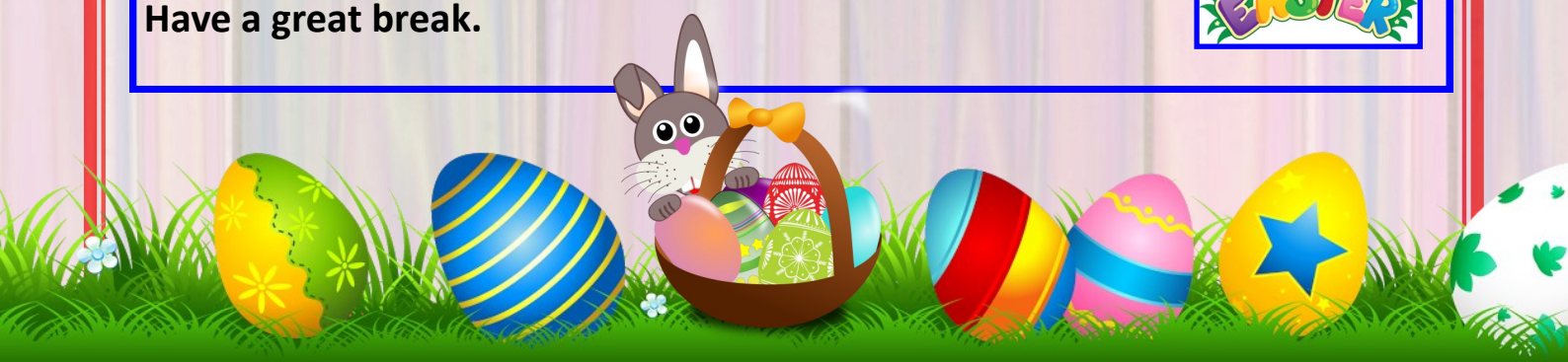
Please click on the links for more safety information:

<https://www.gov.uk/child-car-seats-the-rules>



Easter Holidays

Nursery closes for the Easter holidays on Thursday 30th March and re-opens again on Monday 17th April.
Have a great break.

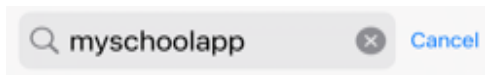


MySchoolApp



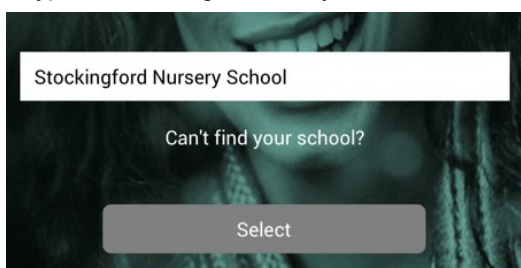
We are launching a new form of parent communication called MySchoolApp. This is a free app that you can register to. Please follow the below steps to register before 1st September so that we can start to send any communications to you ready for the start of the new school year.

To get started, you need to go to your normal app store and search for MySchoolApp



When opening the app for the first time, you will be asked which school you want.

Type in Stockingford and you will see our name.



You then need to register, you will be asked for your name, email and phone number, and to set your password. You will be asked to accept the terms and conditions.

Once that is done, you can start using the app!

One of the many benefits of this app is that if your first language is not English, you can change your language settings by going to Menu, Settings, and then choose "Change Language".

We hope that this will allow all parents to have a more inclusive experience during your child's time here with us.

If your child is absent from Nursery

Please remember to contact the Nursery on the day your child is going to be absent, you can either:



Myschoolapp Please see above

Telephone 02476 383708

Email parents1041@welearn365.com



(please ensure you put your child's full name and the reason for their absence in the text)

They should be at home until you feel they are well enough to come back to school. In the case of sickness and diarrhoea please make sure your child is symptom free for at least 48 hours before returning to Nursery.

Please could you make sure all your phone numbers are up to date if not please let the office know of any changes.

Big Nursery Notices

String bags

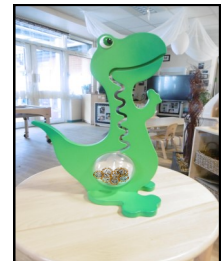
Please can you ensure that your child brings a full change of clothes including socks (and nappy changing items and wipes if required).

Make sure all coats and clothing is named.

If children choose to use drawstring bags, they can be hung on your child's coat peg. If they choose to use a small backpack they can be placed at the bottom of the coat trolley beneath their child's coat.

Parker Poundasaurus

Parker Poundosaurus is often hungry and likes to eat coins. Children are welcome to feed a £1 weekly voluntary contribution to Parker to help raise money for nursery funds for special activities like 'Growing Day' and to buy new resources for the children to enjoy. Parker Poundosaurus will join us at the beginning of sessions and will be located outside Nursery.



Loan of clothes

If nursery loan a change of clothing, please could you wash and return back to nursery as soon as possible. **We would appreciate any donations of girl's underwear, and boys or girls jogging trousers or leggings.**



Session Times

Nursery sessions are:



9.00am - 11.30am for the morning session.



12.40pm - 3.10pm for the afternoon session.



Please make sure you are on time for the start of sessions as this does have an impact on teaching time and please collect your child on time as children can become a little upset if they are collected later. Thank you.

If you wish to talk to a teacher or your child's key worker, please let us know at transition times or leave a message with Reception and we can arrange this at the beginning or end of teaching sessions.



Little Nursery Notices

Coats and bags

As the weather has been changing, can we ask appropriate clothing is being worn/brought in depending on the weather.



Please can you make sure your child brings their winter coats to Little Nursery and you have put their name in both their coats and bags. This would be really appreciated.

In their bags could you please put nappies, wipes, (pants if toilet trained) and a spare change of clothes. Thank you.

Birthdays

Whilst we celebrate your child's birthday in Nursery, we ask you do not send in sweets due to children's allergies and dietary requirements.



Pull-Ups

Please could children wear 'pull-ups' only if they are being potty trained, as some of the children are getting upset if they have to be changed.



Session Times

- ☞ AM Session 8.45am - 11.45am
- ☞ PM Session 12.30pm - 3.30pm



Please could just one adult bring in your child on time for the start of session and can you make sure you pick your child up on time, Nursery Staff need to clean between sessions and children can become a little upset if they are collected later. Thank you.

Voluntary Donations

Children are welcome to feed a £1 weekly voluntary contribution to Peppa to help raise money for nursery funds for special activities and to buy new resources for the children to enjoy.

Peppa will join us in Nursery at the beginning of sessions and will be located in the corridor just outside the room, so please come and say hello.



Term and Holiday Dates

Academic Year 2023-2024



Autumn Term 2023

Teacher Training Day	Friday 1 st September 2023
Term starts:	Monday 4 th September 2023
Half term:	Monday 30 th - Friday 3 rd November 2023
Teacher Training Day	Monday 6 th November 2023
Term ends:	Friday 22 th December 2023

Spring Term 2024

Teacher Training Day	Monday 8 th January 2024
Term starts:	Tuesday 9 th January 2024
Half term:	Monday 12 th - Friday 16 th February 2024
Term ends:	Friday 22 nd March 2024

Summer Term 2024

Term starts:	Monday 8 th April 2024
May Day:	Monday 6 th May 2024
Teacher Training Day	Tuesday 7 th May 2024
Half term:	Monday 27 th May - Friday 31 st May 2024
Induction Day:	Wednesday 10 th July 2024
Term ends:	Thursday 18 th July 2024
Teacher Training Day	Friday 19 th July 2024

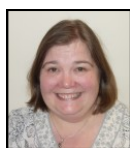
Designated Safeguarding Leads (DSL's)

The Designated Safeguard Leads (DSL's) in Nursery School are:

- Sharon Kindred, Headteacher - Designated safeguard Lead
- Katherine King, Lead Teacher - Deputy Safeguarding Lead
- Sally Phillip, Teacher - Named Designated Safeguard Lead.



Katherine King



Sally Phillips

Everyone has a duty of care for the children in Nursery School. If you need to discuss any safeguarding issues, please speak to one of our DSL's.

*'Under the Education Act 2002 (Section 175 for maintained schools/Section 157 for academies/free/independent schools), schools must make arrangements to safeguard and promote the welfare of children. Parents/carers should know that the law (Children Act 1989) requires all school staff to pass on information which gives rise to a concern about a child's welfare, including risk from neglect, physical, emotional or sexual abuse. Staff will seek, in general, to discuss any concerns with the parent/carer and discuss the need to make a referral to Children's Social Care if that is considered necessary. **This will only be done where such discussion will not place the child at increased risk of significant harm or cause undue delay.** The school will seek advice from Children's Social Care when they have reasonable cause to suspect a child may be suffering or likely to suffer significant harm. Occasionally, concerns are passed on which are later found to be unfounded. Parents/carers will appreciate that the school's Designated Safeguarding Lead carries out their responsibilities in accordance with the law and acts in the best interests of all children.'*

Well being corner

Welcome to our wellbeing corner which aims to provide support and ideas for keeping you and your child emotionally and mentally well. Each month this newsletter will offer tips, information and support for you and your child, so read through and have a go- you never know. Sometimes a small change can make a big difference!

We are lucky in our Centre to have Mental Health First Aid staff who can offer a listening ear and if need be, guide you to finding the right support and services. Please ask if you would like any further information about Mental Health and Wellbeing. Never be afraid, worried or scared to ask for support! We are always here to offer a helping hand.

Mental Health First Aiders



Sally Phillips



Sara Ward

Looking after your own mental health

The NHS Every Mind Matters website have some useful information for anyone who feels they may need a little support or advice.

Parenting or caring for a child or young person can be tough. It's important to make sure you look after your own mental wellbeing, as this will help you support yourself and those you care about. Try to recognise and acknowledge when you're feeling low or overwhelmed. Struggling with something or experiencing your own mental health problems does not make you a bad parent or carer.

It's completely normal to be worried, scared or helpless during difficult times, and feeling this way is nothing to be ashamed of. Is there a friend, fellow parent or carer you trust enough to tell how you're feeling? Maybe there's family, friends or a colleague who could support you or allow you a break? There's plenty of help out there. You should never feel like you have to cope on your own. [Young Minds has lots of support for parents](#), including a helpline and guidance around [parenting with a mental illness](#). Mind has information and suggestions on how to manage [parenting with a mental health problem](#).

Scope has advice on [managing stress when caring for a disabled child](#).

<https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/>

[WT.tsrc=search&WT.mc_id=EMMParentsSearch&gclid=EAlalQobChMlrLH8sjc6wIVw7HtCh07jQjWEAAYASAAEgJTvD_BwE](https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/?WT.tsrc=search&WT.mc_id=EMMParentsSearch&gclid=EAlalQobChMlrLH8sjc6wIVw7HtCh07jQjWEAAYASAAEgJTvD_BwE)



Well being corner



How we can use spring to boost our mental health

Here are some tips on how we can use the arrival of spring to boost our mood and connect with the outdoors and others.

Take notice of your surroundings

In the spring, our environment changes around us. Wildlife emerges, greenery and outdoor spaces begin to flourish again, and the weather is (normally) much more enjoyable. This provides us the opportunity to be outside and appreciate what nature has to offer.



What's changing around you?



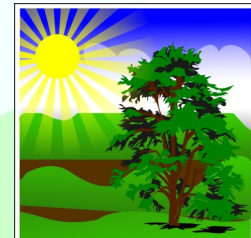
In spring we have the ideal opportunity to spot change, from blossoming trees, increased bird song in the mornings, to lighter evenings. Taking the time to reflect on what's changing can also be a fun activity with children. Why not even create your own checklist of natural objects, animals or plants to spot such as daffodils or insects, and tick them off as you take a walk together.

Ground yourself

Grounding yourself is a self-soothing technique that trains the mind and is specifically designed to assist in easing feelings of anxiety and panic. You can ground yourself anywhere, but it can be particularly calming and soothing when outside, and what better time to start than as we approach spring. Your five senses that allow you hear, smell, touch, taste and see are important so enjoy taking time to fully uncover them.

Get green fingered!

If you have an outdoor space, gardening is a great way to enjoy being outside and keep active, all whilst being creative.



Treasure trails

They don't have to be exclusive to Easter or just for children.

Socialise outside

Rather than meeting indoors, when it's nice weather outside, suggest meeting friends or family at the local park, host a picnic or hire some bikes.

We shouldn't feel pressure to 'spring clean' or 'change' in any way to improve our mental health, however if you're feeling in need of a digital or physical reset to your environment, spring can offer the ideal opportunity to do this.

Digital reset

Social media can become consuming for many of us, and whether we're aware we need to spend less time online, or we just want to make sure what we're doing online isn't negatively affecting our mental health, having a digital reset can improve how we feel day-to-day.

Physical reset

With busy lives and bigger priorities, it's unreasonable to expect us to always live in an environment that's clutter free, but if you do find yourself with extra time this spring, having a clear out can help you to feel more positive and calm about your surrounding environment.

For more information please use the link below.

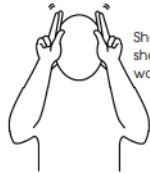
<https://mentalhealth-uk.org/blog/how-we-can-use-spring-to-boost-our-mental-health/>

Makaton signs of the Month - March

We will be helping children to communicate through Makaton signs and spoken language.



We are proud to say we are a
Makaton accredited School

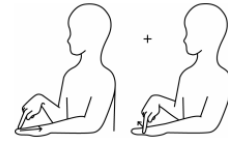


Shoulders hunched to
show baby rabbit plus
waggle fingers slightly

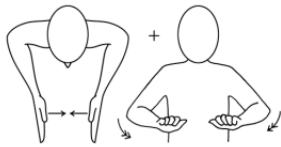
Rabbit



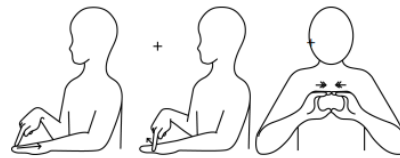
Flower



Easter



Chick



Easter Egg



Tree

British Values - Rule of Law

Rule of Law is linked to Managing Feelings and Behaviour in the Early Years Foundation Stage, which is part of Personal Social and Emotional Development. We need to support children in understanding their own behaviour and how it can impact upon others. At Stockingford Maintained Nursery School, we follow expectations, policies, procedures and routines. Children are supported to understand and adhere to the expectations and boundaries in our Nursery. Some of our expectations include 'kind hands', 'listening ears' and 'tidy up time'. We also support children to develop skills of sharing and turn taking. We reinforce this through Makaton, Communication in print symbols and through modelling. Children are supported to begin to understand their own & others' behaviour and to think about consequences and learn to distinguish right from wrong. Teaching staff are keen to encourage children to make positive choices, so their setting is a happy and safe place for them to learn and thrive.



Warwickshire Schools' Inclusion Charter

Inclusion is Everyone's Responsibility

Our Vision:

For schools to be places where everyone feels valued, included, safe, supported and welcome. We will work together to enable all our children and young people in Warwickshire to lead a fulfilling life and be part of their community.

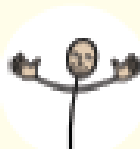
The Charter:

This charter sets out what all children and young people and their families should expect from schools in Warwickshire, in line with the SEND Code of Practice.

Welcome and Care

We will:

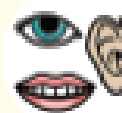
- Understand that every child is an individual
- Recognise the value of inclusion
- Make time to get to know you and what is important to you and your family
- Establish and build on positive relationships
- Make time to respond to your needs
- Work closely with all relevant people to ensure successful transitions
- Ensure children and young people's voices are at the heart of all we do



Communicate

We will:

- Listen calmly and respectfully, with patience, ensuring you feel heard and understood.
- Establish how to provide and seek information in a way you can access and understand
- Recognise all behaviour is a form of communication
- Explain what can be done and any limitations
- Communicate in a way that means you can participate in planning and decision making
- Provide clear guidance on who to contact and respond promptly
- Make you comfortable by using positive and helpful language
- Create and maintain communication friendly environments



Developing and nurturing each of these commitments to build

TRUST



Value and Include

We will:

- Remember inclusion is everyone's responsibility
- Be proactive in providing reasonable adjustments
- Ensure our SENCo is able to support families and staff
- Inform and support you of any planned changes as soon as possible
- Ensure that children and young people with SEND are valued and included in pupil voice activities
- Identify needs early and assess, plan, do, review with support from appropriate agencies
- Ensure our children and young people have a trusted person who checks in with them at least weekly
- Have a 'can do' attitude and build on everyone's strengths
- Recognise and meet the training needs of our staff



Work in Partnership

We will:

- Give you opportunities to share your views
- Do our best to understand and consider your ideas
- Involve you in developing shared plans for you and our school
- Value you as an equal partner and recognise your experience and knowledge
- Understand that every family is different and has different resources
- Engage with community groups
- Collaborate across settings to share good practice
- Work together with you and other people to recognise need and support you on your journey as a family



Signatures:

[Signature]

Leader of Warwickshire County Council

[Signature]

Chair of Warwickshire Parent Carer Voice

[Signature]

On behalf of Schools Consortia and Area Networks

[Signature]

On behalf of IMPACT (Young People's Forum for SEND)

IMPACT logo by © Wright-Thomas Ltd 2018-2021 www.impact.org.uk



Adapted with permission from Gov of the Partnership



Scan for SEND Local Offer



What's happening at Stockingford

Library



Stockingford Library

FREE

Lego Club

Are you bored after school on a
Thursday?

Why not come to Lego club!

Lots of bricks and a new theme every
week.

3.30 - 4.30pm

Learn, Build and Play

For children aged 4 and above with their grown-ups.

All children must be accompanied by an adult.

(This activity is not suitable for younger children due to
small Lego parts)

St. Pauls Road Nuneaton CV10 8HW



Rhyme Time!



For 0-2 year olds
FREE! and their carers

Join us for rhymes for 0-2 year olds
Come and join in with rhymes suitable for
a child from birth to toddler.

THURSDAYS 11am - 11:30am

You are warmly invited to choose some books
before you leave. We are so happy to welcome
you into our Library and we hope you will have
lots of fun with us.



EASTER HOLIDAY ACTIVITIES AT STOCKINGFORD LIBRARY

Monday 3rd April 2023

Easter Crafts for children of all ages
10.30-11.30am

**Thursday 6th April and
Thursday 13th April 2023**

Rhyme Time 11am-11.30am
rhymes and stories for children 0 - 2yrs and
their carers.

Lego Club 3.30pm-4.30pm
for children aged 4 - 11yrs and their grow-ups!

Friday 14th April 2023

Spring Crafts for children of all ages.
10.30-11.30am

**LOVE
YOUR
LIBRARY**

Stockingford Library
St.Pauls Road
Nuneaton CV10 8HW

 Warwickshire
County Council

Stockingford Nursery School Children & Family Centre and Library St Pauls Road, Nuneaton CV10 8HW



TRUE COST OF LIVING

The cost of living crisis is having an impact on all of us. But as food and energy prices soar, people already struggling to afford the essentials are being pushed into impossible decisions.

Take action

PAY
THE BILLS

EAT
DINNER



WHAT CAN WAIT?

Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.

Stockingford Nursery School can issue a food bank voucher to use locally. Please pop into reception anytime for further information.

Drop in for support and advice
for all families in Warwickshire.

Monday - 12:00pm - 2:00pm

Stockingford Children and Family Centre

Family Support Worker
Duty Line Telephone
Number

01926 412412

9am - 4pm

Monday - Friday

For families, children
and young people 0-19
years old, or 0-25
years with additional
needs



The Early Help and
Targeted Support Team



CHILDREN
& FAMILY
CENTRE



Warwickshire
County Council



Advice & Support



CHAT Health - A texting advice service for parents and carers of the pre-school child.

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

The Early Help and Targeted Support Team

Family Support Drop In for advice for all families in Warwickshire

For families, children and young people 0-19 years old, or 0-25 years with additional needs

Duty Line 01926 412412 - 9am – 4pm Monday – Friday



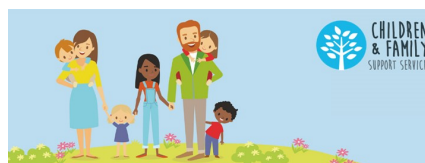
Drop In Sessions
Free and every week

Monday 12.00-2.00pm	Stockingford Children and Family Centre St Pauls Road, Nuneaton CV10 8HW
Tuesday 10.00am-12.00pm	St Michaels Children and Family Centre Hazel Grove, Bedworth CV12 9DA
Thursday 1.15-3.15pm	Camp Hill Children and Family Centre Hollystitches Road, Nuneaton CV10 9QA
Friday 12.00-2.00pm	Riversley Park Children and Family Centre Coton Road, Nuneaton CV11 5TY
Please note that times and dates may change during school holidays.	

Family Information Service (FIS)

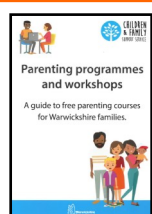
We provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing



Phone: 01926 742274

Website: <https://www.warwickshire.gov.uk/children-families>



Parenting Information

Parenting Programmes and 2 Hour Workshops

Please visit the link below:

<http://childrenandfamilies.eventbrite.com>

