

# Boundaries and Rules

A FREE 2-hour workshop for parents and carers at

**Stockingford Early Years Centre and Library**  
**St Pauls Rd, Stockingford, Nuneaton CV10 8HW**

**On Friday, the 5th July at 9:30-11:30**

Children are rewarding, stimulating and fun, but looking after them can sometimes be stressful and challenging.

This workshop will focus on:

- How and why boundaries support children's development
- Parenting strategies that can be used to support boundaries such as rules, praise, routines.
  - Identify different parenting styles
- Build an awareness of positive parenting and how to implement this in day to day life
  - Looking after our selves as parents and carers



**Limited places. To book your place, please scan QR code.**

