### Stockingford Nursery School Newsletter February 2024





Mrs King and everyone at Stockingford Nursery School would like to give a warm welcome to our newly appointed Early Years Teaching Assistant / SEND Sarah Groves

### Term dates

Spring Term 2024

School Photographer Monday 4th March 2024
World Book Day Thursday 7th March 2024

Term ends: Friday 22nd March 2024

Summer Term 2024

Term starts: Monday 8th April 2024

May Day: Monday 6<sup>th</sup> May 2024

**Teacher Training Day** Tuesday 7<sup>th</sup> May 2024

Half term: Monday 27<sup>th</sup> May - Friday 31<sup>st</sup> May 2024

Induction Day:Wednesday 10th July 2024Term ends:Thursday 18th July 2024

Teacher Training Day Friday 19th July 2024

### Bad Weather Closure

As we are moving into the Winter season, it may be necessary to close the Centre in the case of severe weather.

If this occasion arises we will send out a text via the MyschoolApp. Please make sure you have signed up for this.

It will also be on the Warwickshire School Closure website:

www.warwickshire.gov.uk/schoolclosures (Page 8)

Please be assured that the Centre will only be closed as a last resort, in order to keep children and staff safe.



A photographer will be taking group photographs of all the children in session time.





# New funding criteria for working parents



Further information can be found on the Government website:

www.childcarechoices.gov.uk



No animals or smoking/ vaping are permitted inside



or outside our Nursery School premises.

### **Partnership with Parents**

We understand the importance of good working relationships to effectively support your child's learning and development through an atmosphere of mutual understanding. We value working together in partnership and encourage parents/carers to participate fully in the life of our school.

Our school is committed to safeguarding and promoting the welfare of children and young people and expects all visitors, staff and volunteers to share this commitment. We aim to support a peaceful and safe school environment where positive partnerships and respect are modelled and expected.

For further information please see our Parent/Carer Conduct Policy that can be found on our nursery website in the Policy section www.stockingfordnurseryschool.com

### **Parent Conduct**

We appreciate that at times, concerns will need to be raised with us, however this should be done in an appropriate and respectful manner, so that suitable resolution can be found.

Inappropriate language or behaviour towards our staff will not be tolerated and the nursery will take action to protect its staff, which could result in a parent being removed from the nursery and/or their

future access to the premises being restricted. We trust that we can rely upon all members of the nursery community to act in accordance with these expectations.



#### **Food Bank Vouchers**

Stockingford Nursery School can issue Food Bank Vouchers for families struggling with the cost of living crisis to use locally. Just pop into Reception for more information.

### **IMPORTANT!!**

You must accompany your child to the member of staff on the door in Big Nursery, so they are registered inside the building safely.

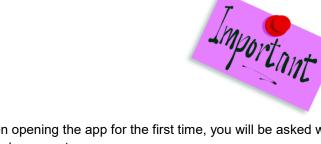
### **MySchoolApp**

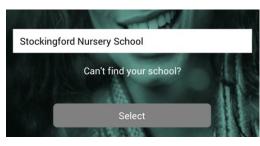
We are launching a new form of parent communication called MySchoolApp. This is a free app that you can register to. Please follow the below steps to register before 1st September so that we can start to send any communications to you ready for the start of the new school year.





To get started, you need to go to your normal app store and search for MySchoolApp





When opening the app for the first time, you will be asked which school you want.

Type in Stockingford and you will see our name.

You then need to register, you will be asked for your name, email and phone number, and to set your password. You will be asked to accept the terms and conditions.

#### Once that is done, you can start using the app!

One of the many benefits of this app is that if your first language is not English, you can change your language settings by going to Menu, Settings, and then choose "Change Language".

We hope that this will allow all parents to have a more inclusive experience during your child's time here with us.

### If your child is absent from Nursery

Please remember to contact the Nursery on the day your child is going to be absent, you can either:





Myschoolapp Please see above

Telephone 02476 383708

Email parents1041@welearn365.com

(please ensure you put your child's full name and the reason for their absence in the text)

They should be at home until you feel they are well enough to come back to school. In the case of sickness and diarrhoea please make sure your child is symptom free for at least 48 hours before returning to Nursery.

Please could you make sure all your phone numbers are up to date if not please let the office know of any changes.

# Medical Tracker

### First Aid Incident and Medication Administration Notifications

As you know, we work very hard to keep parents regularly informed about First Aid incidents and medication administration at school. To help make improvements in these areas, we have decided to use a service called Medical Tracker.

### We will be launching this during the Spring Term 2024.

Medical Tracker not only allows us to inform parents/carers of First Aid incidents and medication administration by email, but it also allows us to analyse the data we record.

Medical Tracker will be beneficial to you because:

- 1. We can record and track First Aid incidents that involve your child
- 2. We can record and track medication administration that involves your child
- 3. You may be notified as soon as possible after a First Aid incident by email
- 4. You may be notified as soon as possible after medication has been administered by email

To use Medical Tracker effectively, we need to collect the best email address to use to notify you of incidents.

Please fill in the slip on the letter sent out this week, <u>clearly writing your email address</u> and return it to the school office as soon as possible.



# REGULAR ATTENDANCE

Regular attendance in Nursery is important to support your child's learning and sets up a good routine ready for starting school - however if your child is unwell then please remember to let the Nursery know either by telephone, email or the schoolapp, (make sure your phone numbers are up to date). They should be at home until you feel they are well enough to come back to school. In the case of sickness and diarrhoea please make sure your child is symptom free for at least 48 hours before returning to Nursery.

If you are going on holiday please fill in a holiday form at the Reception desk.

### CHILDREN'S ATTENDANCE CHAMPIONS

The role of Attendance Champions is to monitor and support families to improve attendance. Regular and punctual attendance is very important and we know from many studies that children who attend well do better in school.

In Big Nursery Tina Shepherd and Katherine King are our Attendance Champions. In Little Nursery Jo Stubbs (Room Lead) and Katherine King (Acting Head and Lead DSL) are our Attendance Champions

**Big Nursery Attendance Champions.** 



Katherine King



Tina Shepherd





Katherine King



Io Stubbs

### BIG NURSERY - CHILDREN'S ATTENDANCE

Attendance - we aim for 85%, and last half term attendance for Big Nursery children was 81.5%

### LITTLE NURSERY - CHILDREN'S ATTENDANCE

Attendance - we aim for 85%, and last half term attendance for Little Nursery children was 84%.

### Toileting and nappy/pull-up changing information

In Nursery staff will always change children who require their nappy or pull-up to be changed.

### **Little Nursery**

Our youngest children who are 2 years old are routinely changed during the session. In addition to this, children are monitored and changed, as soon as staff are aware that they have soiled or if their nappy has become very full.

### **Big Nursery**

The 3 and 4 year children who require nappy/pull-up changes are changed at lunchtime when it is their extended day/lunchtime day. When children attend for 2 ½ hours in either the morning or afternoon session, they will be changed if staff are aware that they have soiled or if their nappy has become very full.

Nursery also support children to alert staff that they need to be changed, either verbally or by using signs and symbols.

Please may we ask parents to bring their child to Nursery with a clean nappy/pull-up on and to provide extra nappies and wet wipes.

Here is a link that you may wish to explore to support with toileting

https://eric.org.uk/

### ERIC, The Children's Bowel and Bladder Charity



Wee and poo is what we do!

Is your child struggling with toilet training, withholding, constipation and soiling, daytime bladder problems or bedwetting?

We have over 30 years' experience of providing information and support for families dealing with wee and poo problems.

Visit our website:

www.eric.org.uk







# **Big Nursery Notices**

### String bags

Please can you ensure that your child brings a full change of clothes including socks (and nappy changing items and wipes if required).

Make sure all coats and clothing is named.

If children choose to use drawstring bags, they can be hung on your child's coat peg. If they choose to use a <u>small</u> backpack they can be placed at the bottom of the coat trolley <u>beneath</u> their child's coat.

### Jewellery

Please could children with pierced ears wear studs in their ears for safety reasons, and no necklaces or bracelets are to be worn in Little Nursery for safety reasons. We advise jewellery be keep at home so it does not get lost or broken.

### Wellies

We would be very grateful if you have any unwanted wellies your child has outgrown that you would like to donate to the Nursery to support outdoor learning and Forest School sessions.

### **Session Times**

### **Nursery sessions are:**

9.00am - 11.30am for the morning session.12.40pm - 3.10pm for the afternoon session.



Please make sure you are on time for the start of sessions as this does have an impact on teaching time and please collect your child on time as children can become a little upset if they are collected later. Thank you.

If you wish to talk to a teacher or your child's key worker, please let us know at transition times or leave a message with Reception and we can arrange this at the beginning or end of teaching sessions.



# **Little Nursery Notices**

### Coats and bags

As the weather has been changing, can we ask appropriate clothing is being worn/brought in depending on the weather.

Please can you make sure your child brings their winter coats to Little Nursery and you have put their name in both their coats and bags. This would be really appreciated.

In their bags could you please put nappies, wipes, (pants if toilet trained) and a spare change of clothes. Thank you.

### **Jewellery**

Please could children with pierced ears wear studs in their ears for safety reasons, and no necklaces or bracelets are to be worn in Little Nursery for safety reasons. We advise jewellery be keep at home so it does not get lost or broken.



### Pull-Ups

Please could children wear 'pull-ups' only if they are being potty trained, as some of the children are getting upset if they have to be changed.

### **Session Times**

- AM Session 8.45am 11.45am
- PM Session 12.30pm 3.30pm



Please could just one adult bring in your child on time for the start of session and can you make sure you pick your child up on time, Nursery Staff need to clean between sessions and children can become a little upset if they are collected later. Thank you.

### **Voluntary Donations**

Children are welcome to feed a £1 weekly voluntary contribution to Peppa to help raise money for nursery funds for special activities and to buy new resources for the children to enjoy.

Peppa will join us in Nursery at the beginning of sessions and will be located in the corridor just outside the room, so please come and say hello.



### Term and Holiday Dates

Academic Year 2023-2024

### Autumn Term 2023



Teacher Training Day Friday 1st September 2023

Term starts: Monday 4<sup>th</sup> September 2023

Half term: Monday 30th - Friday 3rd November 2023

Teacher Training Day Monday 6<sup>th</sup> November 2023

Term ends: Friday 22th December 2023

### Spring Term 2024

Teacher Training Day Monday 8th January 2024

Term starts: Tuesday 9<sup>th</sup> January 2024

Half term: Monday 12th - Friday 16th February 2024

Term ends: Friday 22<sup>nd</sup> March 2024

### Summer Term 2024

Term starts: Monday 8th April 2024

May Day: Monday 6<sup>th</sup> May 2024

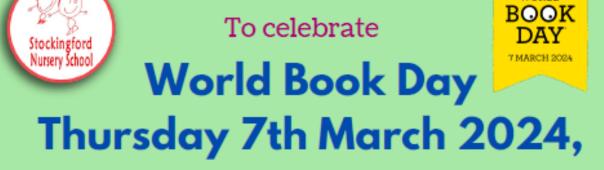
Teacher Training Day Tuesday 7<sup>th</sup> May 2024

Half term: Monday 27th May - Friday 31st May 2024

Induction Day: Wednesday 10<sup>th</sup> July 2024

Term ends: Thursday 18th July 2024

Teacher Training Day Friday 19th July 2024



parents are invited to join their child in a library story time. We will be reading one of our favourite stories and singing along to some rhymes.



Please come a book a place at the reception desk.

LIBRARY



### **SEN Group**

Stockingford Children and Family Centre & Library
St Paul's Road
Nuneaton
CV10 8HW

### **Every Monday afternoon**

This session offers advice and play for under 5's

For more information and to book your place please ring 02476 383708



### **Designated Safeguarding Leads (DSL's)**

At Stockingford nursery School, our Designated Safeguarding Leads can also provide support and signpost to services.

Here are the team that can support you:

- Katherine King, , Acting Headteacher Designated safeguard Lead
- Sally Phillips, Teacher Deputy Safeguarding Lead
- Tina Shepherd, Senior Early Years Educator Named Designated Safeguard Lead.
- Jo Stubbs, Senior Early Years Educator Named Designated Safeguard Lead









Katherine King

Sally Phillips

Tina Shepherd

Jo Stubb

Under the Education Act 2002, schools must make arrangements to safeguard and promote the welfare of children. The Children Act 1989) requires all school staff to pass on information which gives rise to a concern about a child's welfare, including risk from neglect, physical, emotional or sexual abuse. Staff will seek, in general, to discuss any concerns with the parent/carer and discuss the need to make a referral to Children's Social Care if that is considered necessary. This will only be done where such discussion will not place the child at increased risk of significant harm or cause undue delay. The school will seek advice from Children's Social Care when they have reasonable cause to suspect a child may be suffering or likely to suffer significant harm. The school's Designated Safeguarding Lead carries out their responsibilities in accordance with the law and acts in the best interests of all children.'

### Well being corner

Welcome to our wellbeing corner which aims to provide support and ideas for keeping you and your child emotionally and mentally well. Each month this newsletter will offer tips, information and support for you and your child, so read through and have a go- you never know. Sometimes a small change can make a big difference!

We are lucky in our Centre to have Mental Health First Aid staff who can offer a listening ear and if need be, guide you to finding the right support and services. Please ask if you would like any further information about Mental Health and Wellbeing. Never be afraid, worried or scared to ask for support! We are always here to offer a helping hand.

#### **Mental Health First Aiders**





Sally Phillips

Sara Ward

#### Looking after your own mental health

The NHS Every Mind Matters website have some useful information for anyone who feels they may need a little support or advice.

Parenting or caring for a child or young person can be tough. It's important to make sure you look after your own mental wellbeing, as this will help you support yourself and those you care about. Try to recognise and acknowledge when you're feeling low or overwhelmed. Struggling with something or experiencing your own mental health problems does not make you a bad parent or carer.

It's completely normal to be worried, scared or helpless during difficult times, and feeling this way is nothing to be ashamed of. Is there a friend, fellow parent or carer you trust enough to tell how you're feeling? Maybe there's family, friends or a colleague who could support you or allow you a break? There's plenty of help out there. You should never feel like you have to cope on your own. Young Minds has lots of support for parents, including a helpline and guidance around parenting with a mental illness. Mind has information and suggestions on how to manage parenting with a mental health problem.

Scope has advice on managing stress when caring for a disabled child.

https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/?
WT.tsrc=search&WT.mc\_id=EMMParentsSearch&gclid=EAlalQobChMIrbLH8sjc6wIVw7HtCh07jQjWEAAYASAAEgIJTvD\_BwE

### Well being corner

### Young Children's Wellbeing Activities

1) Repeat positive affirmations together

Reciting positive affirmations with your child is a simple yet effective way of instilling confidence and self-belief into them from a young age.

Try starting with a simple sentence like 'I am brave' or 'I am kind'. They will love watching and copying your actions when you sing a positive mantra. It will also help them connect different words with actions, boosting their self-esteem and language learning!

Regular affirmations activates your brain's reward system.

2) Wiggle your worries out

Start by setting a one-minute timer and asking your child to jump up and down and wiggle their body. At the end of the minute, ask them to place a hand on their heart and listen to their heartbeat. As they listen, ask them how their body feels. Your child will love jumping around and getting silly with you.

This activity also acts as an outlet for them to release any built-up emotion or tension from their body. An alternative option for this activity is cranking up your favourite song and <u>having a dance party</u> together! Dancing has <u>endless benefits</u> for your child, including giving them a confidence boost and an outlet to express themselves.

Dancing helps get children moving, laughing and feeling good.

3) Fly on your magic feelings carpet

Sit on the floor on a rug or blanket with your child, fasten your imaginary seatbelts and get ready to go on a magical ride! Build up the excitement by asking them if they want to get on their magic carpet and go on a big adventure. To spark their imagination, you can ask them to close their eyes and choose what colour their carpet is, who they want to come along on the journey and where they want to go.

As you go on your imaginary journey, you can pretend to fly over a sea of water. Ask whether anything is bothering them. Then you can suggest they imagine themselves throwing their worries off their magic carpet and into the water, making the problem smaller...and smaller...and smaller...until it disappears.

Follow their lead in this activity as every child will want to do it differently. The key is to let go and encourage them to use their imagination.

Pretend role play is a fun way for your child to expand their imagination.

4) Try teddy bear breathing

Children live in their imagination, and we can use this to our advantage by making breathing exercises a little bit more fun.

Ask your child to lie down flat with their favourite teddy placed on their tummy. Together, try breathing in for a few seconds, then out for a few seconds. Encourage them to watch their 'breathing buddy' go up and down with every breath they take.

Why not celebrate your moment of mindfulness afterwards with a **teddy bear** picnic? This is a fantastic way to practise role-play and develop your toddler's communication whilst hopefully giving you the chance to sneakily enjoy a hot cup of tea!

A mindful moment a day can go a long way.

### Well being corner

5) Go on a listening walk to find a gratitude rock

There's no fresher way to boost your mood than putting on your shoes and **getting outside** with your child. Getting out and about is great for stimulating your child's senses and opening up a whole new world of words. Describing everything you see and do can help you both stay present and focus on what is going on in the world around you.

When you're out on your <u>listening walk</u>, why not let them choose a small, smooth rock that they can take home, wash and colour in?

Every evening before bed, you can then ask your little one to hold their gratitude rock and say one thing that made them happy that day.

When you're out on your walk, try naming as many sounds as possible.

6) Take time to appreciate your loved ones

Spend a few minutes every day looking at a photo of someone your child loves. This could be mummy, daddy, grandma or a friend's doggy. Chat to them about that person, making sure to show how much you appreciate them.

Digging out old <u>photo books</u> and looking at them with your child is a great way to remind them of familiar faces and memories. It also gives you a great opportunity for conversation.

Later on in life you can then cherish the memories in the book together.

7) Have an at-home spa day

For older children, why not try having a spa day from home? We can't guarantee that it will go as smoothly as a hotel spa day, but it is a fun, new way to bond with your child and model activities that will boost their wellbeing.

To get excited for your at-home spa day, you could spend time with your child drawing out invitations and spa signs to be posted around your home. Drawing together is a great activity to get them talking. You could start your spa day off with some bath time bubbles, followed by a relaxing massage. Then recharge your batteries over a teddy bear afternoon tea and end the day watching your favourite CBeebies show in a homemade den.

Not only will these activities boost your toddler's mental health, but they will make you feel good about yourself too!

If you and your child love doing any wellbeing related activities that we haven't mentioned above, we would love for you to share them via our **Instagram**.

Toddlers love inviting their teddies to a picnic or tea party!

For more information you can find this article on:

https://www.bbc.co.uk/tiny-happy-people/8-mindful-activities-for-kids/z8v6trd

### Makaton signs of the month February

We will be helping children to communicate through Makaton signs and spoken language.



Orange

We are proud to say we are a **Makaton accredited School** 



**Apple** 



Water

Banana



Milk





Cereal



carrot

Cheese

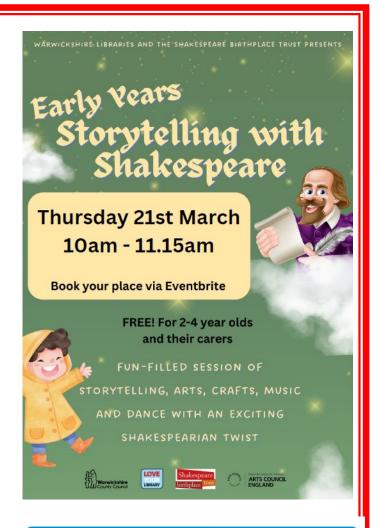
### **British Values Democracy**

Democracy is where everyone is treated equally and has equal rights. At Nursery we support children with their personal, social and emotional development by giving them opportunities to develop their self-confidence and selfawareness. Children are encouraged to express their views and value the opinions and ideas of others. Through 'In the Moment Planning' we

encourage children to make choices and decisions about their learning and what they would like to explore. Teaching supports taking turns, sharing, collaborating and making decisions together. Adults also give children opportunities to develop enquiring minds by encouraging them to ask questions and to talk about their feelings.

### What's happening at Stockingford Library







### Learn, Build and Play

For children aged 4 and above with their grown-ups. All children must be accompanied by an adult. (This activity is not suitable for younger children due to small Lego parts)

St. Pauls Road Nuneaton CV10 8HW





Join us for rhymes for 0-2 year olds Come and join in with rhymes suitable for a child from birth to toddler.

### THURSDAYS llam - II:30am

You are warmly invited to choose some books before you leave. We are so happy to welcome you into our Library and we hope you will have lots of fun with us.







### Warwickshire Schools' Inclusion Charter Inclusion is Everyone's Responsibility

### Our Vision:

For schools to be places where everyone feels valued, included, safe, supported and welcome. We will work together to enable all our children and young people in Warwickshire to lead a fulfilling life and be part of their community.

### The Charter:

This charter sets out what all children and young people and their families should expect from schools in Warwickshire, in line with the SEND Code of Practice.

### Welcome and Care

#### We will:

- Understand that every child is an individual
- Recognise the value of inclusion.
- Make time to get to know you and what is important to you and your family
- Establish and build on positive relationships
- Make time to respond to your needs
- Work closely with all relevant people to ensure successful transitions
- Ensure children and young people's voices are at the heart of all we do



#### Communicate

#### Wewtll

- Listen calmly and respectfully, with patience, ensuring you feel heard and understood.
- Establish how to provide and seek information in a way you can access and understand
- Recognise all behaviour is a form of communication
- Explain what can be done and any limitations
- Communicate in a way that means you can participate in planning and decision making
- Provide dear guidance on who to contact and respond promptly
- Make you comfortable by using positive and helpful language
- Create and maintain communication friendly environments



Developing and nurturing each of these commitments to build

### TRUST

### Value and Include

#### West mills

- Remember inclusion is everyone's responsibility
- Be proactive in providing reasonable adjustments
- Ensure our SBVCo is able to support families and staff
- Inform and support you of any planned changes as soon as possible
- Ensure that children and young people with SEND are valued and included in pupil voice activities
- Identify needs early and assess, plan, do, review with support from appropriate agencies
- Ensure our children and young people have a trusted person who checks in with them at least weekly
- Have a 'can do' attitude and build on everyone's strengths
- Recognise and meet the training needs of our staff

### Work in Partnership

#### We will:

- Give you opportunities to share your views
- Do our best to understand and consider your ideas
- Involve you in developing shared plans for you and our school
- Value you as an equal partner and recognise your experience and knowledge
- Understand that every family is different and has different resources
- Engage with community groups
- Collaborate across settings to share good practice
- Work together with you and other people to recognise need and support you on your journey as a family



Signatures:

Leader of Warwickshire County Council Shart of Warretchalter

Parent Carer Votce

JE Wiles

On behalf of Schoole Consortis and Area Metworks ge

On behalf of IMPACT (Young People's Forum for SEND)













# Stockingford Nursery School Children & Family Centre and Library St Pauls Road, Nuneaton CV10 8HW



### TRUE COST OF

The cost of living crisis is having an impact on all of us. But as food and energy prices soar, people already struggling to afford the essentials are being pushed into impossible decisions. THE BILLS





Take action

WHAT CAN WAIT?

Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.

Stockingford Nursery School can issue a food bank voucher to use locally.

Please pop into reception anytime for further information.

Drop in for support and advice for all families in Warwickshire.

Monday – 12:00pm – 2:00pm Stockingford Children and Family Centre

> Family Support Worker Duty Line Telephone Number

For families, children and young people 0-19 years old, or 0-25 years with additional needs 01926 412412 9am -4pm Monday -Friday



The Early Help and Targeted Support Team











### Grub and Hubs



Are you in need of a warm space, and some free/cheap food over the winter period?
We have brought some information together into one website which shows where you can find cheap/free food and warm spaces this winter.







Scan this QR code to head to the website!

Do you run a warm space or free/cheap food opportunity? Or do you know of one that we haven't yet got on our site? Drop us an email to nuneatongrubandhubs@gmail.com

An initiative developed by:







and local volunteers

### Advice & Support



CHAT Health - A texting advice service for parents and carers of the pre-school child.

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

### The Early Help and Targeted Support Team

Family Support Drop In for advice for all families in Warwickshire

For families, children and young people 0-19 years old, or 0-25 years with additional needs

**Duty Line 01926 412412 - 9am - 4pm Monday - Friday** 





**Drop In** Sessions

Free and every week

Monday 12.00-2.00pm	Stockingford Children and Family Centre St Pauls Road, Nuneaton CV10 8HW
Tuesday 10.00am-12.00pm	St Michaels Children and Family Centre Hazel Grove, Bedworth CV12 9DA
Thursday 1.15-3.15pm	Camp Hill Children and Family Centre Hollystitches Road, Nuneaton CV10 9QA
Friday 12.00-2.00pm	Riversley Park Children and Family Centre Coton Road, Nuneaton CV11 5TY
Please note that times and o	lates may change during school holidays.

### Family Information Service (FIS)

We provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing

Phone: 01926 742274

Website: https://www.warwickshire.gov.uk/children-families





### Parenting Information





Parenting Programmes and 2 Hour Workshops Please visit the link below:

http://childrenandfamilies.eventbrite.com