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Dear Parent/Carer

Children in close contact

Public Health Warwickshire Advice for Children who are close contacts of positive COVID-19 cases.

We have been advised that there has been a small number of confirmed case(s) of COVID-19 within Little Nursery at Stockingford Maintained Nursery School.

We have identified that your child may have been in close contact with the affected case. Local guidance from Public Health Warwickshire **recommends that your child has a PCR test.**

Children who have tested positive in the last 90 days, and who do not have symptoms, will not need a PCR test or an LFT.

Please book online at: <https://www.gov.uk/get-coronavirus-test>

Your child can continue normal activities including attending the setting whilst awaiting the PCR result unless they develop symptoms. However, whilst awaiting the PCR result Public Health Warwickshire recommends that your child takes a daily lateral flow test before the setting.

If your child has no symptoms and has already had a PCR test you may consider **one further PCR test 4-7 days following receipt of this letter**. Otherwise, Public Health Warwickshire recommends that you continue with regular twice weekly lateral flow testing as a minimum.

In addition to the PCR test, Public Health Warwickshire advises children and parents to undertake lateral flow tests twice weekly as a minimum (unless they have tested positive in the last 90 days)

For information regarding access to lateral flow tests see:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing/regular-rapid-coronavirus-tests-if-you-do-not-have-symptoms/>

If the PCR test or any lateral flow testing gives a positive result, Public Health Warwickshire asks that your child isolate along with anyone else in the household who is over 18 years and 6 months and **not fully vaccinated**, and follow national "Stay at Home" guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

Public Health Warwickshire are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact your local Council
Warwickshire Covid Hotline: 0800 408 1447

<https://www.warwickshire.gov.uk/coronavirusvulnerable>

What to do if you or your child develops symptoms of COVID 19

For most people, especially children, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If anyone in the household develops any of these symptoms of COVID-19, they should remain at home and arrangements should be made for them to be tested. This should be an NHS PCR test taken at a test site and **NOT** a rapid test taken at a community testing site (an LFT test). Household members of the symptomatic individual who are over 18 years and 6 months and **not fully vaccinated**, must also stay at home whilst awaiting the PCR result - they should not go to work, school or public areas, even for exercise.

Testing can be arranged by ringing 119 or booking online: <https://www.gov.uk/get-coronavirus-test>

When the result of the test is known further advice will be available.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

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