Stockingford Nursery School Newsletter February 2023





Welcome message from Mrs King - Acting Headteacher

Katherine King would like to say a big thank you to the Governing body, staff team, children and their families for welcoming her as she begins her exciting journey as Acting Headteacher at Stockingford Nursery School. She is committed to continuing to grow and support the nursery community to improve outcomes and opportunities for all.

Term dates

Spring Term 2023

Term ends Teacher Training Day

Summer Term 2023

Term starts Bank Holiday Half term

2023 **Teacher Training Day**

Induction Day Term ends

Teacher Training Day

Thursday 30th March 2023 Friday 31st March 2023

Monday 17th April 2023 Monday 1st May 2023

Monday 29th May - Friday 2nd June

Monday 5th June 2023 Wednesday 5th July 2023 Monday 24th July 2023 Tuesday 25th July 2023

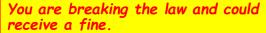


Teachers Strike

The Nursery School will remain fully open on Wednesday 1st March during the National Education Union planned teaching strike action.

Yellow Zigzags

Please **DO NOT PARK** on the Yellow Zig-Zags lines outside the Centre. They are there for the safety of your children.





Parking

Parents please do not park in our car park. It is solely for the use of staff. Do not park across our neighbours driveways.



Thank you.

Emergency School Closure

We will tell parents via the schoolapp and put it on Facebook. You can find further information on:



https://www.warwickshire.gov.uk/education-learning/ emergency-school-closures-1

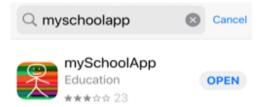


MySchoolApp

We are launching a new form of parent communication called MySchoolApp. This is a free app that you can register to. Please follow the below steps to register before 1st September so that we can start to send any communications to you ready for the start of the new school year.



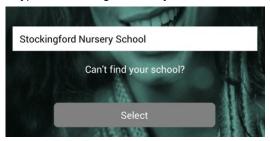
To get started, you need to go to your normal app store and search for MySchoolApp





When opening the app for the first time, you will be asked which school you want.

Type in Stockingford and you will see our name.



You then need to register, you will be asked for your name, email and phone number, and to set your password. You will be asked to accept the terms and conditions.

Once that is done, you can start using the app!

One of the many benefits of this app is that if your first language is not English, you can change your language settings by going to Menu, Settings, and then choose "Change Language".

We hope that this will allow all parents to have a more inclusive experience during your child's time here with us.

If your child is absent from Nursery

Please remember to contact the Nursery on the day your child is going to be absent, you can either:





Myschoolapp Please see above

Telephone 02476 383708

Email parents1041@welearn365.com

(please ensure you put your child's full name and the reason for their absence in the text)

They should be at home until you feel they are well enough to come back to school. In the case of <u>sickness and diarrhoea</u> please make sure your child is symptom free for at least <u>48 hours</u> before returning to Nursery.

Please could you make sure all your phone numbers are up to date if not please let the office know of any changes.

Big Nursery Notices

String bags

Please can you ensure that your child brings a full change of clothes including socks. Make sure all coats and clothing is named.

If children choose to use drawstring bags, they can be hung on your child's coat peg. If they choose to use a <u>small</u> backpack they can be placed at the bottom of the coat trolley <u>beneath</u> their child's coat.

Parker Poundasaurus

Parker Poundosaurus is often hungry and likes to eat coins. Children are welcome to feed a £1 weekly voluntary contribution to Parker to help raise money for nursery funds for special activities like 'Growing Day' and to buy new resources for the children to enjoy. Parker Poundosaurus will join us at the beginning of sessions and will be located outside Nursery.



Session Times

Nursery sessions are:



9.00am - 11.30am for the morning session.



12.40pm - 3.10pm for the afternoon session.



Please make sure you are on time for the start of sessions as this does have an impact on teaching time and please collect your child on time as children can become a little upset if they are collected later. Thank you.

Parent Consultations

Big Nursery Parent Consultations **Week beginning Monday 13th March** - information to follow on the MySchoolApp.

Parents/Carers are warmly invited to talk and share information about their child when bringing them to nursery.



Please can we ask that you speak to one of the Nursery Teachers - Mrs Phillips or Mrs King who will be only too happy to help The other member of staff will be registering the children as they arrive to keep them safe.

Donations

Big Nursery staff are inviting families to donate any unwanted socks that can be recycled for a creative art project. This will form part of the children's curriculum learning during 'Go Green Week'.

Little Nursery Notices

Coats and bags

As the weather has been changing, can we ask appropriate clothing is being worn/brought in depending on the weather.

Please can you make sure your child brings their winter coats to
Little Nursery and you have put their name in both their coats and bags. This
would be really appreciated.

In their bags could you please put nappies, wipes, (pants if toilet trained) and a spare change of clothes. Thank you.

Birthdays

Whilst we celebrate your child's birthday in Nursery, we ask you do not send in sweets due to children's allergies and dietary requirements.

Pull-Ups

Please could children wear 'pull-ups' only if they are being potty trained, as some of the

children are getting upset if they have to be changed.



Session Times

AM Session 8.45am - 11.45amPM Session 12.30pm - 3.30pm

Please could just one adult bring in your child on time for the start of session and can you make sure you pick your child up on time, Nursery Staff need to clean between sessions and children can become a little upset if they are collected later. Thank you.

Voluntary Donations

Children are welcome to feed a £1 weekly voluntary contribution to Peppa to help raise money for nursery funds for special activities and to buy new resources for the children to enjoy.

Peppa will join us in Nursery at the beginning of sessions and will be located in the corridor just outside the room, so please come and say hello.



Parent Consultations

Little Nursery Parent Consultations **Week beginning Monday 20**th **March** - information to follow on the MySchoolApp. Your child's key person will look forwards to meeting together with you to discuss your child. If your child has recently had their statutory 2 Year Check this will be shared during your meeting.

Designated Safeguarding Leads (DSL's)

The Designated Safeguard Leads (DSL's) in Nursery School are:

- Sharon Kindred, Headteacher Designated safeguard Lead
- Katherine King, Lead Teacher Deputy Safeguarding Lead
- Sally Phillip, Teacher Named Designated Safeguard Lead.





Katherine King

Sally Phillips

Everyone has a duty of care for the children in Nursery School. If you need to discuss any safeguarding issues, please speak to one of our DSL's.

'Under the Education Act 2002 (Section 175 for maintained schools/Section 157 for academies/free/independent schools), schools must make arrangements to safeguard and promote the welfare of children. Parents/carers should know that the law (Children Act 1989) requires all school staff to pass on information which gives rise to a concern about a child's welfare, including risk from neglect, physical, emotional or sexual abuse. Staff will seek, in general, to discuss any concerns with the parent/carer and discuss the need to make a referral to Children's Social Care if that is considered necessary. This will only be done where such discussion will not place the child at increased risk of significant harm or cause undue delay. The school will seek advice from Children's Social Care when they have reasonable cause to suspect a child may be suffering or likely to suffer significant harm. Occasionally, concerns are passed on which are later found to be unfounded. Parents/carers will appreciate that the school's Designated Safeguarding Lead carries out their responsibilities in accordance with the law and acts in the best interests of all children.'

Well being corner

Welcome to our wellbeing corner which aims to provide support and ideas for keeping you and your child emotionally and mentally well. Each month this newsletter will offer tips, information and support for you and your child, so read through and have a go- you never know. Sometimes a small change can make a big difference! We are lucky in our Centre to have Mental Health First Aid staff who can offer a listening ear and if need be, guide you to finding the right support and services. Please ask if you would like any further information about Mental Health and Wellbeing. Never be afraid, worried or scared to ask for support! We are always here to offer a helping hand.

Mental Health First Aiders







Sara Ward

Looking after your own mental health

The NHS Every Mind Matters website have some useful information for anyone who feels they may need a little support or advice.

Parenting or caring for a child or young person can be tough. It's important to make sure you look after your own mental wellbeing, as this will help you support yourself and those you care about. Try to recognise and acknowledge when you're feeling low or overwhelmed. Struggling with something or experiencing your own mental health problems does not make you a bad parent or carer.

It's completely normal to be worried, scared or helpless during difficult times, and feeling this way is nothing to be ashamed of. Is there a friend, fellow parent or carer you trust enough to tell how you're feeling? Maybe there's family, friends or a colleague who could support you or allow you a break? There's plenty of help out there. You should never feel like you have to cope on your own. Young Minds has lots of support for parents, including a helpline and guidance around parenting with a mental illness. Mind has information and suggestions on how to manage parenting with a mental health problem.

Scope has advice on managing stress when caring for a disabled child.

https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/?
WT.tsrc=search&WT.mc_id=EMMParentsSearch&gclid=EAlalQobChMlrbLH8sjc6wIVw7HtCh07jQjWEAAYASAAEgIJTvD_BwE

Well being corner



Talking about Feelings and Emotions

It can sometimes be difficult for young children to talk about emotions. Firstly, it is important that children recognise emotions and can name them before being able to talk about the causes of emotions.

Once children recognise the main emotions it can be useful to give examples of what would make them feels happy, angry or sad. As children start to give examples of their feelings and emotions you can then start to talk about how you can resolve issues. For example, your child may see a sad face and give an explanation that it is sad because someone took his/her toys. This would be an ideal opportunity to talk about how we could resolve this problem and to turn a sad face into a happy face.

This activity allows children to visually recognise emotions and feelings and sort them into 3 main groups. As you go along you may start to 'wonder aloud' by saying, "I wonder why he feels angry, what has made her happy etc?"

Resources:

- Magazines, newspapers etc
- Scissors
- 3 Sheets of paper
- Pen













Well being corner



Looking after your mental health during the cost of living crisis

https://www.mentalhealth.org.uk/explore-mental-health/articles/three-ways-look -after-your-mental-health-during-cost-living-crisis

The cost-of-living crisis can affect almost everyone. Heating our homes, keeping the lights on and running the washing machine has increased a lot. The cost of food means that every meal has to be budgeted for and planned in a way we have not seen for decades.

However, the rest of our lives have not stopped. These latest financial worries are on top of our usual stresses around work, family, friends, and our health. Worrying about these things every day means it can be hard to find the time to look after yourself - it may feel like you do not have the headspace to take on any more.

It is so important to find time to protect your well-being and mental health.

Stay in touch with friends and family

Talking about things with someone you trust can help relieve the pressure but if you do not have someone you can easily talk with about your financial worries, you can call a helpline like Samaritans

Get help if you're struggling to manage your finances

Deal with financial issues as they arise and speak to the Citizen's Advice or your local Council if you need further support

Keep doing the things that support good mental health

Find time for sleep, diet and exercise and keep to good routines

Please click on the link below for more information about organisations that may be able to help you.

https://www.mentalhealth.org.uk/explore-mental-health/cost-of-living/getting-support

Makaton signs of the Month - February

We will be helping children to communicate through Makaton signs and spoken language.



Orange

We are proud to say we are a **Makaton accredited School**



Apple





Banana





Cereal



Milk



Cheese

British Values Democracy

Democracy is where everyone is treated equally and has equal rights. At Nursery we support children with their personal, social and emotional

development by giving them opportunities to develop their self-confidence and selfawareness. Children are encouraged to express their views and value the opinions and ideas of others. Through 'In the Moment Planning' we

encourage children to make choices and decisions about their learning and what they would like to explore. Teaching supports taking turns, sharing, collaborating and making decisions together. Adults also give children opportunities to develop enquiring minds by encouraging them to ask questions and to talk about their feelings.

Warwickshire Schools' Inclusion Charter Inclusion is Everyone's Responsibility

Our Vision:

For schools to be places where everyone feels valued, included, safe, supported and welcome. We will work together to enable all our children and young people in Warwickshire to lead a fulfilling life and be part of their community.

The Charter:

This charter sets out what all children and young people and their families should expect from schools in Warwickshire, in line with the SEND Code of Practice.

Welcome and Care

We will:

- Understand that every child is an individual
- Recognise the value of inclusion.
- Make time to get to know you and what is important to you and your family
- Establish and build on positive relationships
- Make time to respond to your needs
- Work closely with all relevant people to ensure successful transitions
- Ensure children and young people's voices are at the heart of all we do



Communicate

Wewtll

- Listen calmly and respectfully, with patience, ensuring you feel heard and understood.
- Establish how to provide and seek information in a way you can access and understand
- Recognise all behaviour is a form of communication
- Explain what can be done and any limitations
- Communicate in a way that means you can participate in planning and decision making
- Provide dear guidance on who to contact and respond promptly
- Make you comfortable by using positive and helpful language
- Create and maintain communication friendly environments



Developing and nurturing each of these commitments to build

TRUST

Value and Include

West mills

- Remember inclusion is everyone's responsibility
- Be proactive in providing reasonable adjustments
- Ensure our SBVCo is able to support families and staff
- Inform and support you of any planned changes as soon as possible
- Ensure that children and young people with SEND are valued and included in pupil voice activities
- Identify needs early and assess, plan, do, review with support from appropriate agencies
- Ensure our children and young people have a trusted person who checks in with them at least weekly
- Have a 'can do' attitude and build on everyone's strengths
- Recognise and meet the training needs of our staff

Work in Partnership

We will:

- Give you opportunities to share your views
- Do our best to understand and consider your ideas
- Involve you in developing shared plans for you and our school
- Value you as an equal partner and recognise your experience and knowledge
- Understand that every family is different and has different resources
- Engage with community groups
- Collaborate across settings to share good practice
- Work together with you and other people to recognise need and support you on your journey as a family



Signatures:

Leader of Warwickshire

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Parent Carer Votce

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On behalf of IMPACT (Young People's Forum for SEND)

















World Book Day Reminder

We are looking forwards to celebrating **World Book Day at Nursery on Thursday 2**nd **March 2023**. Please come and join your child for fun storytelling sessions at our fabulous library on our site.

Book a place at Reception to receive a free book.

- 9.15am Big Nursery Morning Children
- 11.45am Little Nursery Morning Children
- 12.30 Little Nursery Afternoon Children
- 1.00pm Big Nursery Afternoon Children

ATTENDANCE

Regular attendance in Nursery is important to support your child's learning and sets up a good routine ready for starting school - however if your child is unwell then please remember to let the Nursery know either by telephone, email or the schoolapp, (make sure your phone numbers are up to date). They should be at home until you feel they are well enough to come back to school. In the case of sickness and diarrhoea please make sure your child is symptom free for at least 48 hours before returning to Nursery.

If you are going on holiday please fill in a holiday form at the Reception desk.

BIG NURSERY - CHILDREN'S ATTENDANCE

Attendance - we aim for 90%, and last term attendance for Big Nursery children was

<u>75.7%</u>

LITTLE NURSERY - CHILDREN'S ATTENDANCE

Attendance - we aim for 80%, and last term attendance for Little Nursery children was

73%.

What's happening

at Stockingford

Library





Stockingford Library Lego Club

Are you bored after school on a Thursday?

Why not come to Lego club!

Lots of bricks and a new theme every

week.

3.30 - 4.30pm

Learn, Build and Play

For children aged 4 and above with their grown-ups.

All children must be accompanied by an adult.

(This activity is not suitable for younger children due to small Lego parts)

St. Pauls Road Nuneaton CV10 8HW





Join us for rhymes for 0-2 year olds Come and join in with rhymes suitable for a child from birth to toddler.

THURSDAYS IIam - II:30am

You are warmly invited to choose some books before you leave. We are so happy to welcome you into our Library and we hope you will have lots of fun with us.







Stockingford Nursery School, Children & Family Centre and Library St Pauls Road, Nuneaton CV10 8HW

TRUE COST OF





WHAT CAN WAIT?

Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.

Stockingford Nursery School can issue a food bank voucher to use locallu. Please pop into reception anytime for further information.



citizens advice

Nuneaton & Bedworth

CITIZENS ADVICE gives free, independent, and confidential ,advice with issues about benefits, employment, money, debt, divorce/separation, housing, consumer problems and much more...

DROP-IN SESSIONS Stockingford Nursery School, Children & Family Centre and Library The second and fourth Wednesday from 9.15 to 12.005am.

OR CALL: 0808 250 5715 9.00am to 5.00pm Monday to Friday

Drop in for support and advice for all families in Warwickshire.

Monday - 12:00pm - 2:00pm Stockingford Children and Family Centre

> Family Support Worker **Duty Line Telephone** Number

For families, children and young people 0-19 years old, or 0-25 uears with additional needs

01926 412412 9am -4pm Monday -Friday



The Early Help and Targeted Support Team









Advice & Support



CHAT Health - A texting advice service for parents and carers of the pre-school child.

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

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For families, children and young people 0-19 years old, or 0-25 years with additional needs

Duty Line 01926 412412 - 9am - 4pm Monday - Friday





Drop In Sessions

Free and every week

Monday 12.00-2.00pm	Stockingford Children and Family Centre St Pauls Road, Nuneaton CV10 8HW
Tuesday 10.00am-12.00pm	St Michaels Children and Family Centre Hazel Grove, Bedworth CV12 9DA
Thursday 1.15-3.15pm	Camp Hill Children and Family Centre Hollystitches Road, Nuneaton CV10 9QA
Friday 12.00-2.00pm	Riversley Park Children and Family Centre Coton Road, Nuneaton CV11 5TY
Please note that times and dates may change during school holidays.	

Family Information Service (FIS)

We provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing

Phone: 01926 742274

Website: https://www.warwickshire.gov.uk/children-families





Parenting Information





Parenting Programmes and 2 Hour Workshops Please visit the link below:

http://childrenandfamilies.eventbrite.com