Big Nursery Newsletter **July 2021**

Term dates

Tuesday 20th July - Children's last day in school

Wednesday 21st July - Teacher Training Day

Thursday 22nd July - SUMMER HOLIDAYS

Thursday 2nd September- Teacher Training Day

Friday 3rd September - NEW SEPTEMBER CHILDREN ONLY

For children returning in September first day back is Monday 6th September Half Term holiday - Monday 25th Oct - Friday 29th Oct

Goodbye

At the end of term we are saying goodbye and wishing a happy retirement to Mrs Cullen, and Mrs Probert. We are also saying goodbye and good luck to Mrs Cassisi

Mrs Cullen has been a teacher at Stockingford for 8 years. She has taught the children of many families during her time with us and will be really missed by both the children and the staff team, who benefit from her calm and reassuring manner. Mrs Kindred, Mrs King and Mrs Phillips will continue as our qualified teachers in Nursery School.

Mrs Probert has been our School Business Manager for 18 years. She knows so much about finance, health and safety and how our building works! Mrs Probert is always willing to help anybody and we will really miss her friendly smile and positive attitude. Miss Ward is our new School Business Manager and she will be based in the office with Mrs Fulford.

We are so grateful to Mrs Cullen and Mrs Probert for all they have done for us over the years. We wish them both a very long and happy Retirement.

Mrs Cassisi has been with us for 12 years. As well as having a real flair for creating wonderful teaching and learning spaces, we have also enjoyed many wonderful sessions of Forest School that she has planned and delivered.

We would like to thank Mrs Cassisi for everything she has done for the children and families at Stockingford and wish her all the very best for her new ventures.

Welcome

We would also like to offer a warm welcome to our new member of staff, Miss Ward our new School Business Manager.

> On behalf of the Governors and staff we would like to wish you all a safe and happy summer holiday and look forward to seeing our returning families in September.











Stockingford Nursery School

Teaching and Learning

Well done to all our families for continuing to work in partnership to support their child with learning. It has been great during the year to receive all the fabulous photographs of your child's home learning that you have sent to our parents email address – parents1041@welearn365.com

The weather has recently given lots of opportunities for outdoor learning at nursery. Over the summer if you are fortunate enough to have a garden, try and involve your child with planting and growing flowers, fruit and vegetables. This will be a great opportunity for them to learn how to take care of plants and also what plants need to grow e.g. water and light. They will also be able to observe and talk about the changes as a plant develops. Whilst going out for walks or bike rides have a look at nature. Can you name any of the flowers? Can you find any minibeasts? What type of birds can you see?

Baking activities and getting your child to help with preparing meals is a fun activity to do together to develop understanding of instructions and communication skills. Your child will also develop their mathematical skills, as they are involved in weighing and measuring ingredients. By using a recipe book or online recipe you can teach your child that print conveys meaning as you read aloud the instructions.

Consents

If your child is returning in September and you would like to update any details or consents, please can you let the Office know. Thank you.



For safety reasons please could parents close the nursery wooden gate when they enter and exit the nursery and not prop this open to ensure that we keep children safe. IMPORTANT



reduced.

Please see the information below from the Local Authority.

Please note that the government's guidance has changed so that people who live in the same household as someone with COVID-19 or who are a close contact can also take a PCR test even if they do not have symptoms, as they are at higher risk of being infected. People with symptoms, even if they are mild are also recommended to organise a test. Please promote this message in your setting to enable early *identification of positive cases,* so that risk of transmission can be



Face coverings and Social distancing

Face coverings are recommended to be worn <u>outside</u> the building when dropping off and collecting children (unless you are exempt).

Please adhere to the 2 metre social distancing rule

Thank you for your understanding to ensure we keep everyone safe.

Getting ready for school in Warwickshire

Join in with Active Play

Make a simple assault course in the garden – jump over a broom handle, crawl under a blanket, hop on one foot, throw a ball into a bucket.

Make healthy snacks together; peeling and cutting fruit and veg. Help with simple safe housework like dusting or sorting the recycling.

Explore and investigate

Measure objects around the house or garden with hands or feet. Play timing games – how long does it take to put your coat and hat on? Explore the house with a magnet.

Recognise their name in full

Use their name and show it to them written down. Label bags and drawings with your child's name.

Have fun with pretend play

Use boxes and items for pretend play – you could play shops/schools/hospital/doctors/dentist. Use dressing up clothes, scarves and hats in role play games. Make at tent in the garden or home if weather is poor.

Join in with fun things to do at home

Play pouring games using funnels, cups, water and sand. Paint or colour large stones.

Make jewellery by rolling pieces of coloured paper or strips from old magazines Use cardboard tubes, cotton reels, or a potato masher to make prints with paint Make music with pots and pans

(Information provided by Warwickshire County Council – Ready to Learn Ready for Life)



2m

(6 feet)



Warwickshire 50 Things to Do

Warwickshire have developed an APP and website to support activities and home learning experiences. This provides a range of different activities that you may like to try, local links, research, developmental information & a SEND section. There is also a Google translate option that can be used to translate materials to your home language. This is a free service that may be fun to explore during the Summer holidays to give some suggestions for fun activities to try together at home.

https://warwickshire.50thingstodo.org/app/os#!/about-50-things



Online Safety Support

Age-appropriate material

https://pegi.info/page/tips-parents

PEGI provides advice regarding the age suitability of a game. However, every child is different. Ultimately parents should decide what their children are capable of viewing or experiencing:

- Always look for the age classification on the game package or in the digital store.
- Try to look for a summary or review of the game. Ideally, play the game yourself or...
- ...play video games with your children, it's the best way to learn about them. Watch over your children when they play and talk with them about the games they play. Explain why certain games may not be suitable.
- Agree on the amount of time that can be spent playing games per week.
- Encourage your children to take regular breaks.
- Be aware that games can enable the purchase of additional downloadable content.
- Online games are played in virtual communities allowing players to interact with unknown fellow players. Tell your children not to give out personal details and report inappropriate behaviour.
- Set limits (age, time, spending, online access) by using parental control tools.

All games released in the UK will have one of the following PEGI age ratings on the packaging: 3, 7, 12, 16 or 18. The rating means that the game shouldn't be played by a young person under that age.

PEGI ratings: explained



Film Classification Guidance

https://www.bbfc.co.uk/about-classification/classification-guidelines

(British Board of Film Classification)

Film classification is gives age ratings and content advice about films and other audiovisual content to help children and families choose what's right for them and avoid what's not

U	Universal. Suitable for everyone, and contains no content unsuitable for children.
15	Parental Guidance. Contains content unsuitabl∉ for younger children.
JZA	Cinema rating only. Those aged 12 and under should be accompanied by an adult.
12	Unsuitable for under-12s. No sales to anyone under the age of 12.
15	Unsuitable for under-15s. No sales/entry to anyone under the age of 15.
18	Unsuitable for under-18s. No sales/entry to anyone under the age of 18.

Well being corner

LOOKING AFTER YOUR MENTAL HEALTH IN THE SUMMER HOLIDAYS

Ahh the school holidays...time to relax and enjoy some sunshine (if the weather allows).

For many of us, summer is the season of fun and freedom but for some of us it can become stressful. Below are some valuable tips for supporting your mental wellbeing.

- Don't do away with the routine Long lie-ins are a must sometimes but if you're sleeping lots every day, it can have a negative impact on your mental health. It's ok to relax your routine a little - we're not suggesting 6am starts - but try to go to bed at a reasonable time and get up not much more than an hour later than you normally would. Have a shower and get dressed, even if you've got no planned. You'll feel refreshed and more energised.
- Get planning If you're struggling to get motivated, planning your time can help. Give yourself something to do every morning and afternoon, and make sure you have a good mix. Schedule in some time for gaming, reading or watching TV and add in a couple of chores.
- Practise a summer of self-care Self-care is all about being kind to yourself, listening to what your body and mind need and making time for the things that make you feel good. Check in with yourself each morning and evening to see how you're feeling and if there's anything you need. Sometimes a few minutes of <u>mindfulness</u>, a <u>short walk</u> or a nice relaxing bath can do wonders. Try making a list of some feel-good activities and plan them out for the weeks ahead.
- Enjoy the great outdoors It might feel like we're miles from the countryside but there's more to see than you might think. There are beautiful parks and nature reserves such as Coombe Abbey and Hartshill Hayes. Whatever works for you, try to get outside at least a few times a week.
- **Stay connected** If you can't meet up with your friends over the summer, six weeks can feel like a lifetime. Having some company is important for everyone, so make an effort to catch up with family members and keep in touch with friends if possible.

https://www.forwardthinkingbirmingham.org.uk/resources/68-5-ways-to-boost-your-mental-health-during-the-school-holidays

FUN THINGS TO DO THIS

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- Paddle in the sea or shallow river 1./ with a friend
- Walk barefoot in the grass 2.

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- Do bubble paintings straws, paint 31 and washing up liquid
- Make a seasonal fruit smoothie (even 21. Visit a different locality and send 4 better go fruit picking for it)
- Cook sausages on a BBQ, Fire pit or 5. open fire with an adult
- 6. Go for a walk and take a picnic for halfway
- Play the car colour 7. gameHave a water bomb fight

Ryn under a water sprinkler

Go sand dune jumping

10:15 Watch a full sunset

- 11. Watch a full sunrise
- 12. Do a butterfly painting
- 13. Learn a new song
- 14. Learn a new poem
- 15. Go on a bear hunt

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16. Make your own musical instruments

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17. Make fruit cocktails comple mini umbrella

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- 18. Make your own muffir pizzas
- 19. Go to an outdoor show/ fair/market
- 20. Visit somewhere in your locality,
 - postcard from there
- 22. Have a mad hair day
- 23. Wear PJ's all day
- 24. Camp (outside or in)
- 25. Ride a pony (make a pool noted
- 26. Have a topsy turvy day (breaktas for dinner, pudding first)
- 27. Have a day without electronics
- 28. Find an unusual place to read a book
- 29. Make real lemonade with real lemons
- 30. Create a tropical setting in your home or garden and have a tropical day
- 31. Have a cinema day at home
- 32. Make popcorn from corn

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33. Make a picture collage of your summer



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South Warwickshire

Warwickshire Health Visiting TEXT Chat Service ADVICE & SUPPORT for parents of pre-school children in Warwickshire

TEXT:07520 615293 9am - 5pm, Monday to Friday

We support messaging from UK mobile numbers only, which will charged at your normal rate.

THIS IS NOT AN EMERGENCY SERVICE For urgent medical attention please contact your GP or call 111 or 999

CHAT Health

A texting advice service for parents and carers of the pre-school child.

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

Family Support Drop In for advice for all families in Warwickshire

For families, children and young people 0-19 years old, or 0-25 years with additional needs

Duty Line 01926 412412 9am – 4pm Monday – Friday



Family Information Service (FIS)

The Family Information Service (FIS) is a helpful friendly service which supports families with a wide range of needs. Not sure who can help? give the team a call, and they can offer advice and support.

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing

They are available every Monday to Friday (except bank holidays) 9am to 5pm by phone 01926 742274 or email fis@warwickshire.gov.uk. You can also message on Facebook WarwickshireFIS.