



St Paul's Road, Nuneaton, Warwickshire. CV10 8HW

Katherine King
Headteacher

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Dear Parents/Carers

Allergy Awareness

We have child in our Big Nursery class who has a number of allergies. He is not allowed to drink cow's milk or eat egg. We have to ensure that all foods offered to him are safe for him to eat. **He could have an anaphylactic reaction if he eats or has contact with cow's milk or egg.** He has medication in the form of adrenaline auto injectors to help him but sometimes he has needed to go to hospital.

We need your help to keep him safe and healthy. You can do this by:

- **NO WHOLE EGG PRODUCTS TO BE BROUGHT INTO BIG NURSERY including hard boiled eggs, egg mayonnaise sandwiches or egg custards etc.**
- **CHILDREN NOT TO BRING THEIR OWN FOOD OR DRINKS INTO BIG OR MIDDLE NURSERY EXCEPT LUNCH-BOXES (unless agreed by teaching team)**
- **If your child brings milk or milk products for their lunch these will be eaten in a controlled zone in the classroom.**
- Nursery will continue to provide milk and milk products at snack-time for other pupils in a designated eating zone.
- Talking to your child about them only eating their own food and not touching or swapping food with others.
- Encouraging your child to wash their hands with soap thoroughly before and every time after eating, so they don't get any crumbs/splashes on anything in the classroom
- Helping the teachers to talk to your child about allergies and how they can make the child feel. Here is a good link for adults to view Leo's Story; a very short video about a child's experience living with an allergy: <https://youtu.be/MqncMJY1rL0>
- Ensuring that you don't send cake or sweets into school for birthdays

[Anaphylaxis UK](#) has a huge range of resources to help you understand more about allergies and anaphylaxis and support you if you or your child has allergies.

[AllergyWise](#) is an online learning platform where you can register and undertake a range of courses about allergies and anaphylaxis.

Thank you for working together with our Nursery School and for talking to your son/daughter about helping to keep a child with allergies safe. If you have any questions, please ask your key person.

Thank you for your understanding.

Yours sincerely



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Headteacher

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