



Solihull Approach to Understanding Your Child

**FREE 10-week Parenting Programme for
parents/carers at:**

Stockingford Early Years Centre And Library

Saint Pauls Road, Stockingford,
CV10 8HW

12th January 2023 – 23rd March 2023

Thursday 09:15 – 11.15am

Session '0' (informal chat) – 5th Jan 9:00-10:00 am

The programme explores issues such as:

- Tuning into children
- Exploring feelings
- Parenting Styles
- Communication and what maybe being communicated through behaviour
- Temper tantrums and anger - why they happen and how to support your children to regulate their emotions
- Sleep

Scan QR Code:



To book your place please scan the QR
code. For further information please
email:

ehparenttrainers@warwickshire.gov.uk

