

Help your child learn to write



SCRIBBLING & DRAWING

Your child needs to practice making marks and shapes before being able to write letters. Provide lots of opportunities to scribble and draw so they can develop these skills.

PLAYDOUGH, PEGS & FINGER PUPPETS

Your child needs to be able to use their fingers independently to write. Activities that strengthen and encourage your child to use their fingers will develop the skills your child needs.



CLIMBING & SWINGING

Your child needs strong arm and body muscles to sit up and write. They also need good control of their arms. Outdoor activities that encourage them to use their whole body will develop these muscles.

THREADING, CLAPPING, BATTING & STREAMERS

Crossing the body's mid-line is an important skill needed for writing. Encourage your child to thread items along a string. Clapping games, batting a tennis ball or a balloon, and playing with long streamers, all help to encourage this skill.



TORCHES & BALL GAMES

Your child needs to track with their eyes to write. Asking your child to follow a torchlight, just with their eyes, will develop their tracking skills. Ball games will also develop this skill.

PLAYING WITH AND IDENTIFYING LETTERS & WORDS

Your child needs to be interested in letters and words to write. Encourage your child to look for letters and words in their home and environment.

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WRITING LISTS & WRITING FOR

Your child needs to understand that writing is a way to communicate. Ask your child to help you write a shopping list or a note for a friend or neighbour.

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